



Age Friendly Island **Public Forum**
Agenda: February and March 2022

Newport: Katie Keddie, NHS Lived Experience Team

Online: Carol Flux, Natural Enterprise

Ryde: Katie Keddie, NHS Lived Experience Team

West Wight: Katie Keddie, NHS Lived Experience Team, Dan Rowling, Wightfibre

- 1. Carol Flux: Gift to Nature** www.gifftonature.org Would be lovely to hear from you, and also let me know if you would like to go on our project mailing list. My email address is carol.flux@naturalenterprise.co.uk 07790 906232 I only work 3 days a week, so please bear with me if I don't reply immediately. Thank you.
Feedback:
Information on bus stops and nearest toilet would be useful!
Where the bus stop is as well - do you need to cross a busy road?
- 2. Katie Keddie, Community Service User Engagement Coordinator, NHS Lived Experience Team:** asking people about feedback around Community based serviced services such as podiatry and including mental health services. Please contact Katie direct to find out what she is working on. 07721111130 or katie.keddie@nhs.net
- 3. Dan Rowling, Wightfibre Digital Inclusion Officer Digital Inclusion Officer.** Email Address: dan.rowling@wightfibre.com Direct Dial: 01983 240153 / EXT:160 At WightFibre we want to help you get to grips with technology and learn how it all works. We now have a dedicated support advisor to do exactly this. If you are a WightFibre customer read on to see how we can help you, free of charge. If you have ever thought "I wish I could just call someone that will sort this out for me", now you can! He will be more than happy to assist you.
- 4. As of Monday 14th February 2022, our Independence At Home Team, will be able to offer clients **150 FREE Winter Warm packages**.** The only criteria: They must be over 50 and of course in need. Whilst stock permits, packs can consist of the below:
Standard packs: Fleece Blanket, Thermomug, Hot Water Bottle. Thermal Socks, Thermomete, Woolly hat & gloves, Reusable bag.
Potential ad ons: (Also FREE) 650Watt Mini oil filled radiator, Electric throws
technician@ageukiw.org.uk or call (01983) 525282
- 5. Celebrating Connections: workshops for us to get together:** Age Friendly Island would like to invite you to participate in one of two workshops being hosted by Independent Arts and Age Friendly Island. The purpose is to reconnect, have fun and celebrate the journey we have been on with the forums. Both workshops will be hosted at Independent Art's Creative Hub, 48 High Street, Newport. The venue is level and there is a larger toilet, with a fully wheelchair accessible one at Age UKIW. On road, paid for parking is available

on the High Street. The workshops have been planned for all abilities (no previous experience required) and refreshments will be provided.

Workshop 1: Hunky Punks and Gargoyles with Kathy Williams (MA Royal College of Art), Wednesday 16th March, 10:30-12:00

A fun sensory clay sculpture workshop looking into the fascinating tradition of these decorative architectural features. Participants will get the chance to create their very own imagining of them to take up residence to surprise and delight the unwary in the house or maybe the garden shed!

Workshop 2: Painting Exploration with Kathy Williams (MA Royal College of Art), Wednesday 23rd March, 10:30-12:00

Painting for pleasure, enjoyment, relaxation and experimentation! A fascinating adventure into the possibilities of paint, brushwork, mark making, shading, tools and a choice of theme with skilled artist and enthusiast Kathy. This workshop would suit both beginner and keen amateurs under Kathy's expert and gentle tuition.

To book your place, please email Helen Lewis, Age Friendly Island Engagement Officer on helen.lewis@ageukiw.org.uk or call Age UKIW on 01983 525282 and leave a message.

6. Digital Workshops: Ruth and Dan are underway!

Digital Support

Informal and friendly community-based 'IT help' drop in sessions

Ventnor Library 1 st & 3 rd Tuesday of the month 11:00 - 12:30	Ryde Library 2 nd & 4 th Wednesday of the month 10:30 - 12:00
West Wight Community Centre Tuesdays 10:30 - 12:00	Newport Library 2 nd & 4 th Thursday of the month 10:30 - 12:00

For more information
Call: 01983 525282
Email: digital@ageukiw.org.uk
Visit: ageukiw.org.uk

Digital Support Workshops

Learn new skills, gain confidence and meet new friends at our digital support workshops. Sessions are gently paced and led by our dedicated Digital Facilitation Officer.

Spaces are limited so please contact us to book by calling (01983) 525282 or email digital@ageukiw.org.uk

Date	Time	Venue	Topic
Tues 1st March	10.30-12.30	Sandown Library	Intro to email
Weds 2nd March	10.30-12.30	Ryde Library	Intro to email
Tues 8th March	10.30-12.30	Our Place Freshwater	Digital Drop in
Thurs 10th March	10.30-12.30	Newport Library	Intro to email
Mon 14th March	11.00-12.00	Zoom	Social meet and greet
Tues 15th March	10.30-12.30	Sandown Library	Socialising online
Weds 16th March	10.30-12.30	Ryde Library	Socialising online
Mon 21st March	11.00-12.00	Zoom	Online scams (IWASP guest speaker)
Tues 22nd March	10.30-12.30	Cowes Library	Digital Drop in
Thurs 24th March	10.30-12.30	Newport Library	Socialising online
Mon 28th March	11.00-12.00	Zoom	Shopping Online
Tues 29th March	10.30-12.30	Sandown Library	Online Safety
Weds 30th March	10.30-12.30	Ryde Library	Online Safety

Registered Charity Number: 1118711

- 7. Island Care Plan Consultation:** The NHS, GPs, Health Commissioners, the council and the community and voluntary sector are working together to improve health and social care services to help people lead healthy, independent lives. We launched the [Isle of Wight Health and Care Plan](#) in 2019 setting out our priorities over three years to help meet the health and care needs of the Island population. The plan also set out how we would work together to achieve those aims and how we would seek partners to work with us to support further improvements in services and to secure their long-term future.
- The COVID-19 pandemic has impacted on the delivery of some aspects of the plan as we redirected our efforts to ensure we could respond to the immense challenges that created. However, we have still made [progress](#) in relation to the delivery of that plan and in some areas have even exceeded our expectations. We are now [seeking your views](#) about health and care on the Island to help us shape the Island's Health and Care Plan for the next three years (2022-25). Through various pieces of [community research](#), you have already told us about some of the things that are important to you; such as better access to GP appointments and NHS Dental services and improved mental health support for adults, children and young people. However, besides these, we would also like to hear any other views you might have about health and care services; what is working well that we need to continue doing, what is not working and needs to change and where we might have gaps that need addressing.
- To help us understand your views we have launched an online [public survey](#) and you can also request and complete paper versions of the same survey. The survey will close on 20 March 2022.
- Alongside the survey, we are hoping to encourage community groups to hold their own health and care conversations so you can discuss and make a record of what's important to you. We have produced a toolkit to help facilitate those discussions, providing some of the [background information](#) to help you get started together with some [questions](#) and a [feedback form](#) for you to complete and return.
- If you have any questions about Health and Care Conversations or would like to request a paper version of the survey, please get in touch via: iownt.comms@nhs.net or call: 01983 822099 ext: 6175.
- 8. The Older Drivers Forum** are running a FREE webinar on the new Highway Code, as well safe driving tips. This webinar will start by giving an update on the findings from the Older Drivers Task Force report published in November 2021. The webinar will then go over the new Highway Code and particularly the new changes. The webinar will then give advice on safe driving tips to help mature motorists carry on driving safely for longer. You will have the opportunity to ask questions to all the speakers on a Q&A section. The webinar will last for 90 minutes with a 10 minute break in the middle. Please register below to get your link to join the webinar. You DO NOT need a zoom account to join. We can't wait for you to join this event!
- We will host the same webinar on two days, there is no need to register for both as they will be identical in content. Each webinar will have 500 free places and you will need to register.
- The webinar dates are:

- Thursday 10th March starting at 2pm - [Click here to register](#)
- Monday 14th March at 7pm - [Click here to register](#)

Visit <https://olderdriversforum.com/webinars/> to find out more on our webinars.

Focus Group for Unpaid Carers

If you provide unpaid care for a member of your family, neighbour or friend then your voice can help shape our strategy

9.

Groups

- Mon 28 Feb 2pm – 4pm at Carers Centre
- Thurs 10 Mar 2pm – 4pm at Carers Centre
- Wed 16 Mar 11am – 1pm at Carers Centre
- Fri 25 Mar 10am-12pm at Carers Centre at
Mental Health carers group
- Mon 21 Mar 11am –1pm at Carers Centre

Carers Centre:
Back of Riverside,
The Quay, Newport
IW. PO30 2QR.

To book your place call
Carers IW on 533173 or
email info@carersiw.org.uk



10. Online Forum: Climate Change, Tuesday 15th March, 10:30-11:30

This forum is a conversation around how older people can shape local decisions about climate change. What would you like to see? How can the impact of climate change on older people be better understood? How can people feel empowered to participate?

This forum is hosted by Age Friendly Island Older Person's Steering Group.

Places are limited to enable as much discussion as possible.

Please call Age UKIW on 01983 525282 or email helen.lewis@ageukiw.org.uk to book a place and receive the link.

11. Moving to Digital Voice: Changes to landline telephones

The UK's telephone network is being upgraded, which means that landline services are changing. You'll still be able to have a landline in your home, but the technology that powers it will be a bit different and you may need to upgrade some of your equipment.

12. Around the Forums:

- a. **Newport:** discussion around provision of Post Office Services: none in central Newport, can't renew car tax in Carisbrooke and often queueing outside in Carisbrooke, including changes to validity of stamps, suggestion of Footprint Trust as a speaker, Synaptic Phones: is there a user's group? With new trains in Ryde, will there be an improvement in the link up between buses, trains and ferries?
- b. **Ryde:** What are Island Roads Plan around weeding this year? Hoping they are not left as in previous years; they get too big and fall over, can be slippery in the rain. HL to report Dover Street for weed clearing.
- c. **West Wight:** Discussions with Katie Keddie: access to preventative services and where people are (community based services) and with Dan Rowling: accessing digital support and the current roadworks in Freshwater.

Next steps for Age Friendly Island will be announced at the end of March 2022.