



ISLINGTON
CARERS HUB



Get Together

For Islington Carers **July-Sept 2025**

**Booking
essential!**

**Spaces
Limited**



Carers For Carers Meet-ups

Tuesdays 8 July/12 Aug/9 Sept 10.30am-12pm

Join us for our monthly get-together – a supportive space to catch up with other carers – share the highs and lows of caring, ideas and solutions over a coffee.

Duke of Cambridge 30 St Peter's Street, N1 8JT

Carers Creative Workshops

Starting Wednesday 3 September 1.30-4.30pm

Tap into your creative side while learning the art of mobile phone photography in this six-week course run by the creative experts Create.

Cally Clock Tower Centre

Caledonian Park, Market Road, N7 9PL

Kew Gardens Trip

Thursday 14 August 11.30am

Celebrate summer with a free visit to Kew Gardens organised together with Age UK Islington. Choose to explore by yourself or with others on the trip.

Kew Gardens

Victoria Gate, Kew Road, TW9 3JR

Carers Park Theatre

Thursdays 17 July/21 Aug/18 Sept

2pm for 3pm matinee

Treat yourself to a Pay-What-You-Can Matinee performance (£3 suggested) for Islington carers. Booking is essential. Meet at 2pm for refreshments.

Park Theatre

13 Clifton Terrace, Finsbury Park, N4 3JP

**Take the opportunity to
discuss your wellbeing and
any support needs**

How does caring

impact on you?

To book your place:

Email

info@islingtoncarershub.org

or call **020 7281 3319**

Contact Islington Carers Hub to get a Carers Assessment

Find out more on our website – scan the QR code.

Or call us on **020 7281 3319** or email **info@islingtoncarershub.org**

