

Get Together

For adults 18+

Find new interests & find others locally!

Islington ageUK



Special Festive Activities (in-person)

Sobell Get Together Christmas Party
Thursday 14 December
10.30am - 1.30pm

Sobell Leisure Centre,
Tollington Rd, N7 7NY
£2.45 *pay at reception on the day (card only)

All your favourite Get Together activities plus some festive additions! Sandwiches and party food will be served for lunch. Christmas jumpers are optional!

Carol Singalong
Monday 18 December
4 - 5.30pm

Islington Ecology Centre,
Gillespie Park, N5 1PH.

Come sing old winter favourites with us! Inside the Ecology Centre, both seated and standing. Free hot drinks will be available and all the generations are welcome. No need to book for this event, just turn up!

Special Festive Activities (online)

Painting Appreciation
Tuesday 12 December
11am - 12pm

Join by Zoom from your tablet, smartphone or pc

Put on your festive attire and grab pen & paper to join this art inspired quiz with the chance to win a prize. An opportunity to learn about different art movements: novices and aficionados all welcome! Activities@ageukislington.org.uk, for your zoom link

Music Appreciation
Friday 22 December
5 - 6pm

Join by Zoom from your tablet, smartphone or pc

What can be a better way to kick off the Christmas weekend, than with festive music and a singalong, sitting cosy at home with a hot beverage! Email healthgensorg@gmail.com to join this Christmas music journey and to get your zoom link.

Carers Events

Do you look after someone? These events are hosted by Islington Carers Hub service

Booking essential: info@islingtoncarershub.org

Carers Christmas Lights & Markets Walk
Tues 5 December
6-7.30pm

Charing Cross Station,
The Strand, WC2N 5HS

Take a stroll to see the wonderful Christmas lights and Christmas markets in town. Bring some cash for a refreshment stop!

Carers Festive Wreathmaking
Monday 11 December
11am - 1pm or 2 - 4pm

Culpeper Gardens,
1 Cloudesley Rd, N1 0EJ

Get creative! In this workshop, you'll be guided through how to make a festive wreath. All the materials will be provided. Hot drinks.



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CARERS HUB



The Carers event gave me an opportunity to meet other carers and I've made new friends...we all left feeling much better than when we arrived!
(Islington Carer)

Let's Talk Peer Event Christmas Celebration
Wed 13 December
10.30am - 1.30pm

LIFT Islington, 45 White Lion St, London N1 9PH

Join us for a special festive edition 🎄

Join us for talks, then settle back & enjoy live jazz festive songs from the legendary Nick Pritchard. Christmas meal, raffle, socialising & dancing.

Booking essential:
letstalk@ageukislington.org.uk

Weekly Get Together Activities

All activities below are free unless a price is shown.



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You are doing amazing work. Nobody can be lonely or helpless or out of a social circle in Islington... I only get out occasionally as I can't walk much but I do read every newsletter!
(Islington resident)

Mondays

There are currently no face-to-face activities on Mondays.

Tuesdays

Sobell Get Together 10.30am - 1pm, weekly

Sobell Leisure Centre,
Hornsey Rd, N7 7NY.
£2.45 (debit or credit card).

50yrs+ Sports social in the north of Islington. Table tennis, indoor bowls, dominoes & dance class. Plus sit-down and chat with tea & coffee. NB. Due to flooding, the lift is currently out of order.

Dance Fitness

3pm - 4pm, weekly

Jean Stokes Community Centre, Coatbridge House, Carnoustie Dr, N1 0DX.

Try our dance class with a mix of latin, disco and pop music with strength, balance, and functional exercises. Take part seated or standing.

Wednesdays

Finsbury Get Together 10.30am - 12.30pm, weekly

Finsbury Leisure Centre,
Norman Street, EC1V 3PU. £2.50 (debit or credit card).

50yrs+ Sports social in the south of Islington. Table tennis, badminton, short tennis & tea. Fully accessible.

Park Cuppa

11am - 12pm, weekly

Cally Clock Tower Centre,
Caledonian Park, N7 9PL.

Join our small group for a chat and to share memories over a cuppa, in this lovely location.

Get Togethers

For a full list of our events and Get Togethers, including those taking place online, please see the Age UK Islington website - Activities & Events

Thursdays

Sobell Get Together 10.30am - 1pm, weekly

Sobell Leisure Centre,
Hornsey Rd, N7 7NY.
£2.45 (debit or credit card).

50yrs+ Sports social in the north of Islington. Table tennis, indoor bowls, dominoes & dance class. Plus sit-down and chat with tea & coffee. NB. Due to flooding, the lift is currently out of order.

Lego Get Together 1.30pm - 3.30pm, weekly

The Playroom (by The Toy Project), 99 Junction Road, N19 5QX.

50yrs+ Relaxed, friendly and creative social with Lego building plus tea & coffee.

Fridays

There are currently no face-to-face activities on Fridays.

Booking essential!

Booking essential! Call the Age UK Islington Helpline on 020 7281 6018 / gethelp@ageukislington.org.uk