



ISLINGTON
CARERS HUB

What's on

July to Sept 2026 For Islington Carers

Do you
look after
someone who
could not cope
without your
support?



**Booking
essential!**

Meet Other Local Carers

Led by carers for carers. Come along for an informal chat with other Islington carers over a cuppa. Enjoy some time for yourself in the company of others in a similar situation.

Carer for Carer Meet-Up

@ Duke of Cambridge

Second Tuesday of the month, 10.30am-12pm

14 July, 11 August, 8 September

Duke of Cambridge, 30 St Peter's Street, N1 8JT

Carers, Coffee and Cake @ St Luke's

Fourth Tuesday of the month, 10.30am-12pm

28 July, 25 August, 22 September

St Luke's Community Centre, 90 Central Street,
EC1V 8AJ

Carers Park Theatre

Thursdays, 2pm social, 3pm performance

30 July, 20 August, 17 September

Treat yourself to a Pay-What-You-Can Matinee performance (£3 suggested) for Islington carers. Booking is essential. Meet at 2pm for refreshments.

Park Theatre, 13 Clifton Terrace, Finsbury Park,
N4 3JP

Islington Dementia Fair

Thursday 24 September, 11am-1.30pm

Open to those who look after or know someone living with dementia, or anyone wanting to learn more. Stalls, talks, lunch and a dementia-friendly activity alongside.

Vibast Community Centre, 167 Old Street,
EC1V 9NH

Booking essential! To book your place:

Email info@islingtoncarershubs.org or call 020 7281 3319

See website: islingtoncarershubs.org

PLEASE
TURN OVER