

June 2021 FREE Get Togethers

Join Age UK Islington and Islington Carers Hub to discover new interests, meet others and keep moving!

<p>Wed 2 June 10.30am - 12pm</p>	<p><u>LET'S TALK: PEER SUPPORT GROUP</u> This month is going to be looking at the role of NHS England, Clinical Commissioning Groups and Primary Care Services.</p>	
<p>Wed 2 June 2 - 3pm</p>	<p><u>SPECIAL ART APPRECIATION EVENT</u> 'The Psychology of Self-Portraits': Learn about self-portraits and their relevance in artists' self-expression.</p>	
<p>Starting 3 June 11am</p>	<p><u>FREE HISTORICAL WALKS IN ISLINGTON</u> Historical walks around the area, not too long, not too fast delivered by Greater London Walks, for senior citizens.</p>	
<p>Monday to Friday 7 - 11 June</p>	<p><u>CARERS WEEK: 5 DAY PROGRAMME OF EVENTS</u> Find out about support for Islington carers, meet other carers and take some time for yourself with fun relaxation events.</p>	
<p>Tues 22 June 11am - 12pm</p>	<p><u>SPECIAL PAINTING APPRECIATION FOR WINDRUSH DAY</u> Exhibition Curator at Serpentine Galleries, will give an exclusive talk about the Jennifer Packer current exhibition.</p>	
<p>Wed 23 June 10.30 - 12pm</p>	<p><u>CARERS SUPPORT GROUP</u> Meet with other Islington carers, find out about upcoming training and learning opportunities & meet the ICH team!</p>	
<p>Thurs 24 June 2pm</p>	<p><u>CALLY CLOCK TOWER VIRTUAL TOUR</u> A 40 min tour will take you on a journey up the tower & back in time, brought to life through photos and archive film.</p>	
<p>Sun 27 June 1 - 2.30pm</p>	<p><u>ART JOURNALING WORKSHOP: FREELING ST POCKET PARK LAUNCH</u> In association with <u>The Cally Festival</u>, our workshop will be a fun way to get creative, finding inspiration from the <u>pocket park</u>!</p>	

See all our regular activities: www.ageuk.org.uk/islington/get-togethers/