

Let's Talk

Monthly meetings



Let's Talk Event

Thursday 16 April

10.30am - 1.45pm

**Islington Council (Community Space)
222 Upper Street, London, N1 1XR**

Join Let's Talk, a friendly, relaxed discussion session, this month hearing from Islington Food Partnership and Octopus about cutting weekly food costs including food banks, co-ops and social lunches. London Fire Brigade will talk about fire safety including home visits.

Contact Age UK
Islington Helpline:

020 7281 6018

letstalk@ageukislington.org.uk

Booking essential!

What's happening

- **10.30am** - Arrive and enjoy refreshments
- **11am** - Welcome from Age UK Islington
- **11.05am** - How to Cut Weekly Food Costs and Social Lunches
- Find out about food banks, food co-ops and social lunches.
- Islington Food Partnership, Octopus and Grandma's Soup.
- **11.30am** - Questions & Answers
- **12pm** - Light lunch and refreshments
- **12.30pm** - London Fire Brigade
- Home fire safety tips, including smoke alarms and how to apply for a home fire safety visit.
- London Fire Brigade
- **1pm** - Questions/Answers

