

Let's Talk

Monthly meetings



Let's Talk Event Thursday 17 September

10am - 1pm

Upper Holloway Baptist Church,
11 Tollington Way, N7 6RG

A relaxed, social event where you're invited to join the conversation.

We're getting ready for the colder months with expert advice to help you maximise your income and reduce your energy bills.

Contact Age UK
Islington Helpline:

020 7281 6018

gethelp@ageukislington.org.uk

Booking essential!



What's happening

- **10am** - Arrive and enjoy refreshments
- **10.30am** - Welcome from Age UK Islington
- **10.35am** - Helping you maximise your income: disability benefits and pension credit: An expert update on disability benefits and an introduction to pension credit including how it can help unlock cold-weather financial support
- Alex Wood, Islington Council Income Maximisation Team
- **11.25am** - Coffee break
- **11.45am** - An introduction to SHINE Energy: a free service that can help you to reduce utility bills, tackle fuel debt, and keep your home warm and safe.
- SHINE Energy
- Questions & Answers
- **12.45pm** - One-to-one Questions and Answers



ISLINGTON
For a more equal future