



Elizabeth House



Owned and managed by
Highbury Vale Blackstock Trust

Who are we?

Elizabeth House is a thriving multi-purpose community centre in the heart of Highbury aiming to improve the lives of residents and connect people together.

We provide a wide range of services and activities for all ages, including:

- **Food provision**
- **After-School & Youth Provision**
- **Adult Classes & Wellbeing Activities**
- **Community Space for Local Groups**



Blue House Club

The Blue House Club is a vital part of our community, providing a safe and welcoming space for older residents to engage in social and recreational activities. It is designed to reduce isolation, improve well-being, and create a strong sense of belonging for our members.

93 members (72 women, 21 men; 37 with disabilities)

Popular activities: Chair yoga & lunch

Weekly sessions include: Bingo, sing-alongs, health talks, ball games

Average attendance: 25 per session



Blue House Club Testimonials

“It’s always so good to get together, share problems and get support, and we are always learning something new!” Blue House Club Member

““Every little bit of help you can get at the moment with what's going on in this country is a bit of help. Thank you so much”. Blue House Club Member

“Everyone at Elizabeth House is so welcoming, it’s like leaving home to come into another home.” Blue House Club Member

“Thanks for this place is all I can say! This is what helps me stay alive.”



Community Meals: Our Weekly Provision

Monday Meals: Over 4,000+ meals distributed in the past year.

- Free, healthy vegetarian meals prepared using surplus food from **Felix & City Harvest**.

On Mondays, our chef prepares food boxes for the Tuesday Food Hub, Women's Group volunteers and staff. The chef returns on Wednesdays to cook meals for: Blue House Club Volunteers & Staff.

- This structured approach supports both targeted community groups and our internal team, building food resilience and connection across the week.



Women's Group

The Women's Group is an essential space for local women to come together, socialise, and engage in meaningful activities that enhance their well-being. It is community-led and members take an active role in shaping the sessions, while receiving support from the Community Team.

- 30 registered women participate in arts & crafts, health talks, outings, and social lunches
- Community-led with support from the Community Team
- Age range: 40 to 80+
- Average weekly attendance: 12



Winter Wellness

The Winter Wellness Initiative was launched to support older residents during the colder months, ensuring they have access to key services and essential information.

Our focus was on reaching vulnerable residents, particularly those aged 65 and older, who may struggle with isolation or health challenges during winter.

- 700+ council tenants (aged 65+) contacted to share vital information in Camden and Islington
- 144 individuals referred or signposted to community services for additional support

12 referred into our blue house club



Why it matters

Health, Belonging, Nutrition

- Good food improves physical and mental wellbeing
- Eating together combats loneliness
- Structured weekly meals provide dignity, warmth, and joy



Want to get involved?

Want to attend? Or know someone who would benefit?

- Come along or drop us an email on alice.walters@elizabeth-house.org.uk
- We welcome volunteers too!



Islington Lunch Clubs

1. Hornsey Lane Community Centre

- **Address:** New Orleans Hall, London N19 3TH [nhs.uk+7Mildmay Community Centre+7MapQuest+7](#)
- **Meal Time:** Thursdays, 12–2pm – Free lunch for over 55s
- **Website:** [hleca.org.uk](#)

2. Hilldrop Community Centre

- **Address:** Community Lane, Hilldrop Road, London N7 0JE [hilldrop+1AccessAble+1](#)
- **Meal Time:** Tuesdays, 12:30pm – Free hot lunch (N7 residents, 50+ welcome)
- **Website:** [hilldrop.org.uk](#)

3. Hargrave Hall

- **Address:** Hargrave Road, Archway, London N19 5SP [hargravehall.co.uk+2hargravehall.co.uk+2hargravehall.co.uk+2](#)
- **Meal Time:** Thursdays from 5pm – Free dinner, drop-ins welcome (open to all ages including 50+)
- **Website:** [hargravehall.co.uk](#)

4. Hillside Clubhouse

- **Address:** Unit A, 30 North Road, Islington, London N7 9GJ [Hillside Clubhouse+1nhs.uk+1](#)
- **Meal Time:** Thursdays, 12:30–3pm – Free community meal, 50+ welcome
- **Website:** [hillsideclubhouse.org.uk](#)

5. Mildmay Community Centre

- **Address:** Woodville Road, London N16 8NA [Find Your Islington+2Mildmay Community Centre+2mappingforchange.org.uk+2](#)
- **Meal Time:** Thursdays, 12:30–1:30pm – Community Cook-Up (pay as you can; 50+ welcome)
- **Website:** [mildmaycommunitycentre.org](#)

6. St Luke's Community Centre

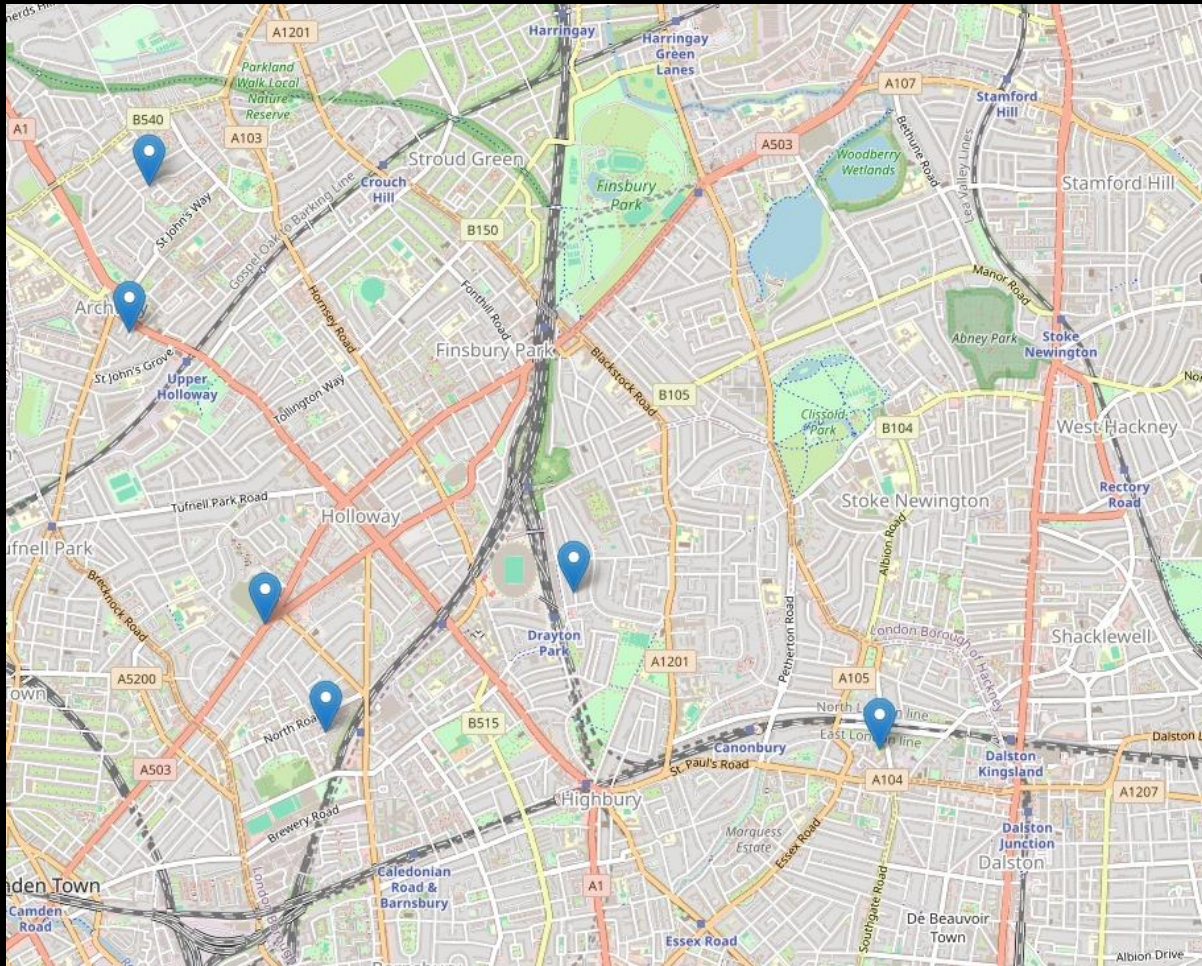
- **Address:** 90 Central Street, South Islington, London EC1V 8AJ [St Luke's Community Centre+1St Luke's Community Centre+1](#)
- **Meal Time:** Monthly, 12:30–1:30pm – Free community lunch (includes 50+ guests)
- **Website:** [slpt.org.uk](#)

7. Elizabeth House Blue House Club

- **Address:** 2 Hurlock Street, London N5 1E [Elizabeth-house.org.uk](#)
- **Meal Time:** Wednesdays, 11am–1pm – Blue House Club for over 50s
- **Website:** [elizabeth-house.org.uk](#)



Interactive map



[Islington_Community_Meals_Map_Interactive.html](#)



Entire Islington Food Provision

Affordable (+ free) food in Islington

Monday	Tuesday	Wednesday	Thursday	Friday	Weekends
<p>Margins Project at Union Chapel 19B Compton Terrace N1 2UN Drop-in session for people facing homelessness. Sit down meal, takeaways, hot showers & laundry 11am-1pm</p> <p>Caxton House N19 3RQ (from 12.30) - surplus bread and cakes in reception when available</p> <p>Muslim Welfare House 233 Seven Sisters Rd, N4 2DA Giving out hot meals 2pm</p> <p>ISLINGTON FOOD PARTNERSHIP Updated: December 2024</p>	<p>£3.50 per visit. Tuesdays 2-4pm. Wednesdays 9:45am-4pm. Thursdays 9:45am-12:30pm/2-4pm Appointment only. To seek a referral, contact St Giles or visit www.stgilestrust.org.uk/how-to-get-support/</p> <p>St Luke's Food Hub EC1V 8AJ 1:30-3:30pm For some EC1 area, by appointment (please call to check eligibility) 02075498181 info@slpt.org.uk</p> <p>The Peel EC1R 0HU Free ready meals Queue from 12:45</p> <p>Elizabeth House Pop-up food store £3. For residents in: N4 2, N4 3, N5 1, N5 2, N7 7 Register: 02076901300 info@elizabeth-house.org.uk</p> <p>Hilldrop Community Centre N7 0JE Free hot lunch served at 12.30 For residents of N7 & local Hilldrop Estates. Term-time only</p> <p>Holloway SDA Church N7 0RN Food bank 12-2pm</p> <p>Mildmay Community Centre N16 8NA Soup & Stew Day (12.30-2pm) Hot bowl of stew or soup; meat / vegetable option (donation based)</p>	<p>St Giles Pantry N7 9GJ Community pantry Giving out surplus food 10:30-2pm at Hornsey Lane N19 3YJ</p> <p>The Peel EC1R 0HU Wednesdays: fresh food available. Queue from 12:45pm</p> <p>Hornsey Lane Community Centre: 020 7272 5938 Giving out surplus food 10:30-2pm at Hornsey Lane N19 3YJ</p> <p>Brickworks Community Centre N4 4BY Food parcels 12pm-3pm. For local area (N4 4BY). On other days, can provide emergency food bags (if available), please ring reception: 02072631067. colin.adams@hanleycrouch.org.uk / vanessa.freeman@hanleycrouch.org.uk</p> <p>Margins Project, Union Chapel, 19B Compton Terrace N1 2UN. Drop-in session: sit-down meal, takeaways, hot showers & laundry. 11am-1pm</p> <p>Manor Gardens Centre N7 6LA. 10:45am-12pm. Food co-op. Take home bags of groceries for £3</p> <p>St. George's N7 0ND Free Hot Lunch. 10.30am -1 (lunch 12-1)</p> <p>FoodCycle Islington. New River Baptist Church, N1 2TL Free hot meal, 1pm. No need to book!</p> <p>The Ringcross Foodbank N7 8RH www.rcfb.info Food parcels, meals & essentials £3. 1-4pm. 07565256537 Open to residents of Holloway, Laycock, Caledonian Wards & Hyde Housing Estates (proof of address needed), as well as people who are sleeping rough</p> <p>Holloway SDA Church N7 0RN. Haven Cafe 12- 2pm Advice, activities + free lunch (at 1.30pm)</p> <p>Muslim Welfare House 233 Seven Sisters Rd N4 2DA. Giving out hot meals 2pm</p> <p>The Hive Foodbank N19 3AD. 6.30-8.30pm. Referral needed: 020 7916 2710 hivefoodbank@gmail.com</p>	<p>Mildmay Community Centre N16 8NA Community Cook-up Free shared meal. Meat / vegetarian option. Donations welcome Cooking activity: 9.30am - 12.30pm Food served: 12.30 - 2pm</p> <p>Hillside Clubhouse N7 9GJ Hearty Thursdays 12:30 - 3pm Giving out free meals, hand-cooked by their members for the community. Halal, Kosher & vegetarian options</p> <p>Copenhagen Street Foodbank: N1 0SR Weekly foodbank 1pm-3:30pm. Fresh food + non-perishable items 02078378378 copenhagenstreetfoodbank@gmail.com</p>	<p>Mildmay Community Centre N16 8NA Weekly food co-op for residents of Mildmay ward. £1 per person in household. Register: mildmaycp@gmail.com 020 7249 8286 If you don't have access to a phone/email, feel free to go to the centre Fridays 11.30am-1.30pm</p> <p>Andover Surplus Food project Andover Community Centre, N7 7RY. 1:30pm Residents of Finsbury Park Ward. Free - choose 5 items 020 7272 3493 andovercc@islington.gov.uk</p> <p>St Mary's Church & The Hive Foodbank N19 3AD Cook Together Drop-in. Learn to make cheap, easy & tasty meals. All ingredients provided. 3 - 5.30pm</p> <p>Hargrave Hall N19 5SP Food pantry (fresh + non-perishables) 2-7pm. Free dinner at 5pm. Drop in - all welcome.</p>	<p>Choices CIC African Caribbean Cultural Food Co-op Pay £5 in return for £20 - £25 worth of Afro-Caribbean foods. First Saturday of every month at 2pm, Caxton House N19 3RQ. If you are on low or no income, please contact us about joining: info@choiceslondon.cic.com</p> <p>FoodCycle Finsbury Park Free 3 course vegetarian meal Saturdays 1pm onwards. Andover Community Centre, Community Hub, Corker Walk, N7 7RY. No need to book!</p> <p>St Luke's EC1V 8AJ Free community lunch (monthly) 12.30 -1.30pm Next date: -Saturday 14/12/24</p>

Community Food Services - Islington Food Partnership