

# Islington Dementia Strategy 2025 -2035

Sophia Stevens, Senior Commissioning Manager, Age Well

# Why is it important?



45% of dementia cases are due to lifestyle factors\*



1500 people in Islington have dementia but only 76% have a diagnosis.



Good care and support can help to minimise symptoms and support carer wellbeing



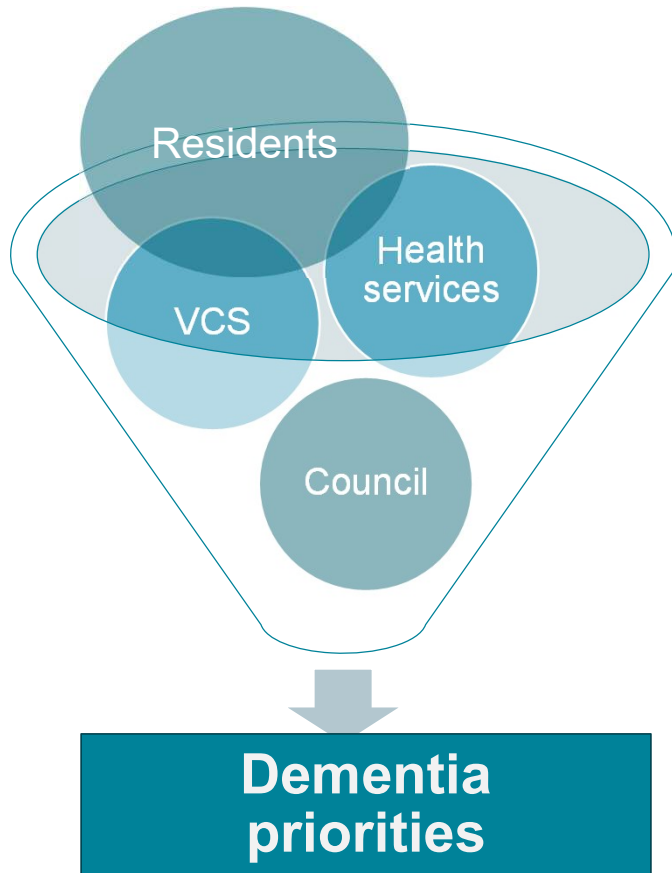
A person can live many years with a diagnosis and with support can maintain good quality of life.



Not everyone understands the law around capacity and decision-making

*\*Targeting 14 lifestyle factors may prevent up to 45% of dementia cases | Cognitive Vitality | Alzheimer's Drug Discovery Foundation*

## Who shaped our priorities?



We heard the views of 270 people who live and work in Islington.



## Our vision

We want Islington to be a place where residents feel well supported on the dementia journey; from prevention to diagnosis and through to end of life.



## Our five priorities and outcomes

### Prevention

I know what dementia is, what increases the risk of dementia and how to reduce risk of developing the condition.

### Timely Identification and Diagnosis

My community and services can recognise early signs of dementia and support me to get a timely and accurate diagnosis.

### Post Diagnostic Care and Support

I can easily get the information, advice, care and support I need from staff who understand my needs

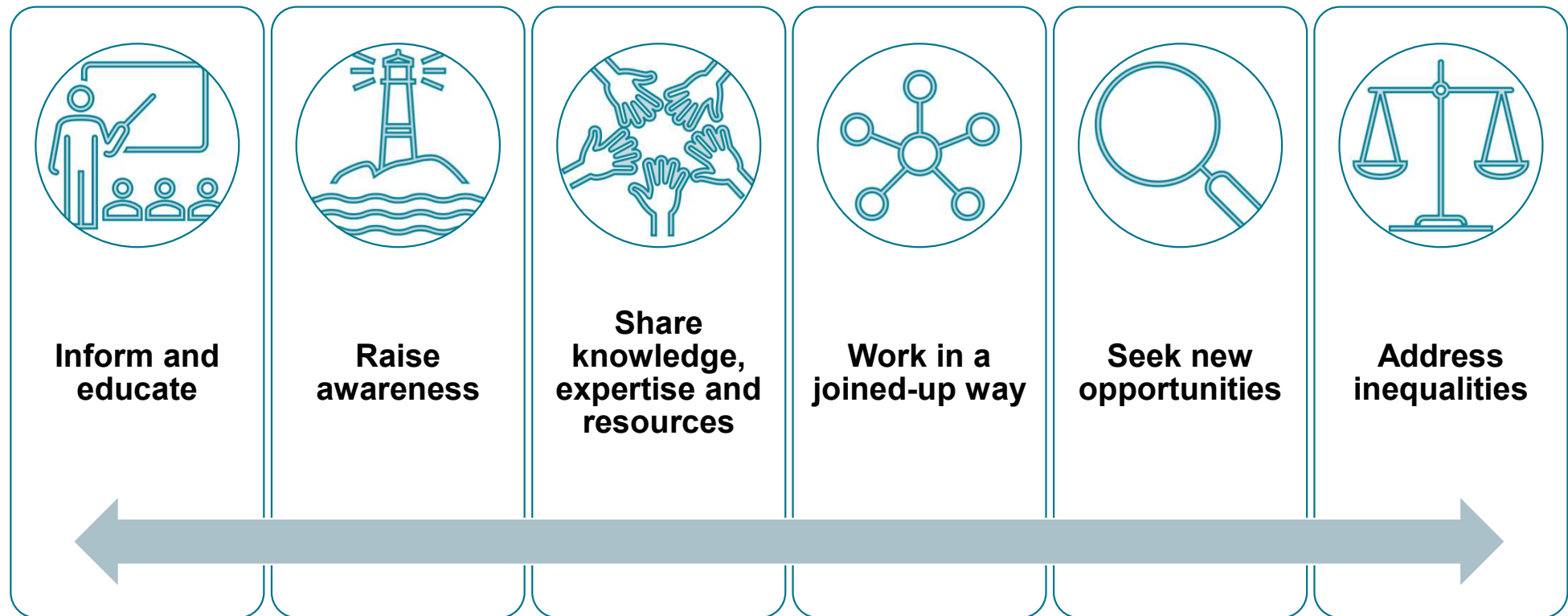
### Living Well With Dementia

I can live as independently as possible and do the things I enjoy.

### Choice and control – planning ahead

Decisions about my care are made according to my wishes, preferences, beliefs and values, even when I can no longer make decisions on my own.

# What will we do to make this happen?



# What will good look like?

Fewer people who are at risk and fewer people have dementia

Residents seek diagnosis sooner and wait times are reduced

Equality in care and support

Responsive services that work together to meet the needs of the whole person

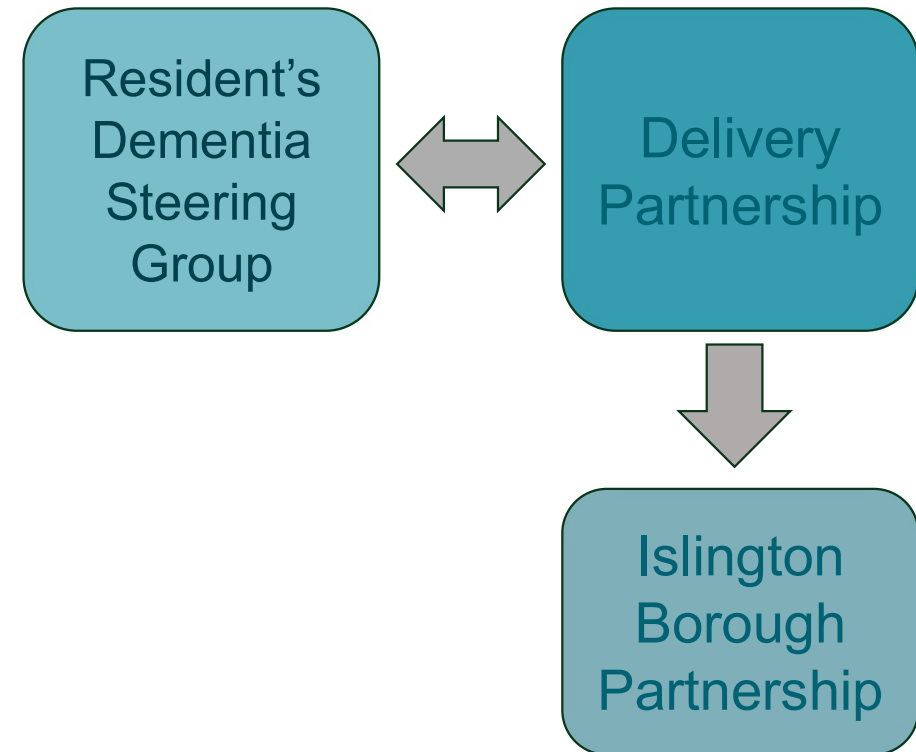
A community that is more aware and inclusive

People living independently longer

Decisions about care made according to the person's wishes and beliefs



## Making it happen







**Everyone has a part to play!**

**What can you do to make  
this a more dementia  
inclusive place?**

## What can I do to make a difference?



Go to a Dementia Friends Information session



Join Dementia Friendly Islington



Join the Resident's Dementia Steering Group



Email us at [dfi@islington.gov.uk](mailto:dfi@islington.gov.uk)