

# Age UK Islington - What support can we provide?

We're here to support you



To make a referral  
020 7281 6018  
[gethelp@ageukislington.org.uk](mailto:gethelp@ageukislington.org.uk)



AGE 16+



We use a combination of Case management and Social prescribing



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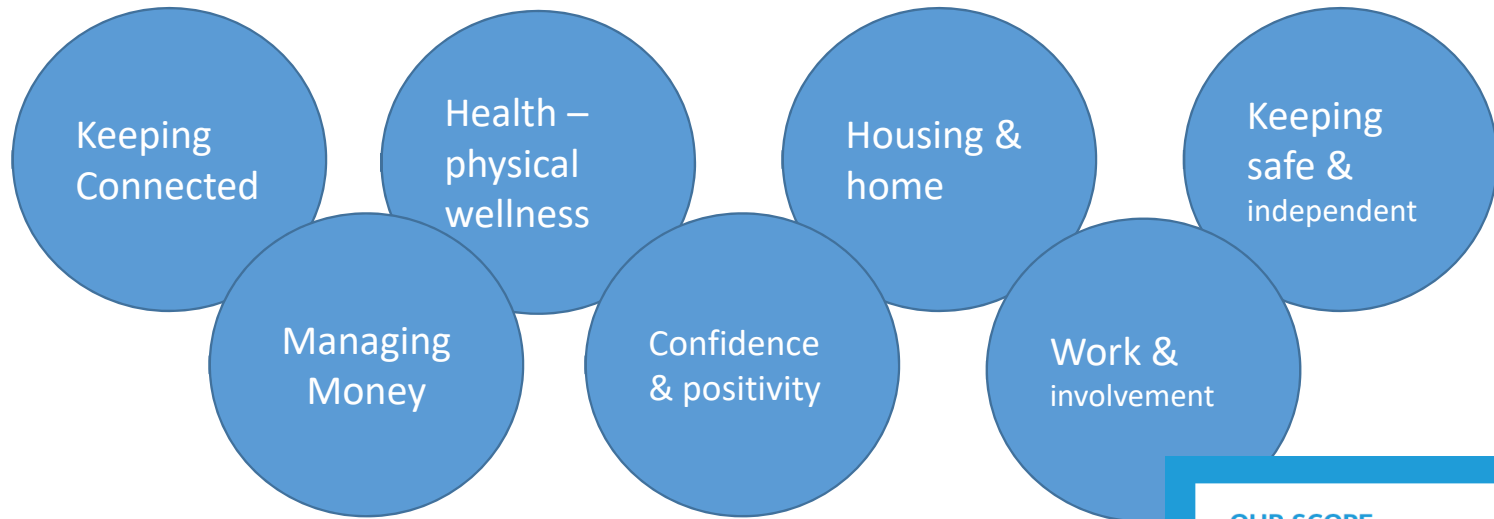


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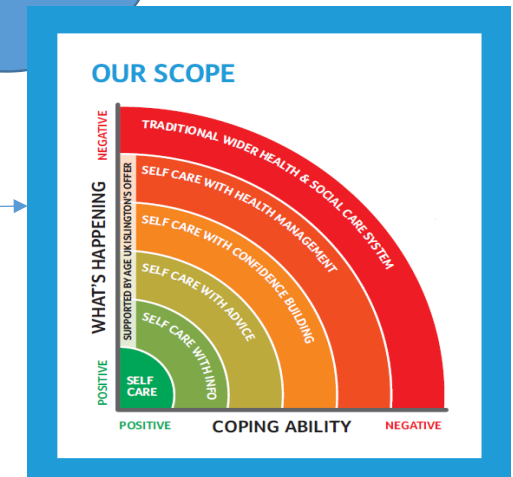
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We provide a spectrum of support within 7 Goals & Outcomes:



## What level of support?

We start with a conversations to fully understand a client's situation and underlying issues. Specialist staff within AUKI, collaborate to deliver the different elements of the support provided.



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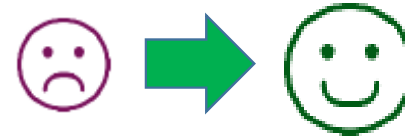
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## Goals and Outcomes:

- **Keeping Connected:** Get out and about, meet people
- **Housing & Home:** Have my own home, Keep my home nice, Keep my home warm, Look after my home
- **Managing Money:** Afford more of what I need, Avoid debts, Have more money coming in, Manage spending
- **Confidence & Positivity:** Be less anxious, Follow my interests, Make my own decisions.
- **Keeping Safe:** Avoid accidents, Be less worried about falling.
- **Physical Wellness:** Cope with bereavement, Eat properly & well, Get the support I need, Get a needed break, Keep fit, Keep warm.
- **Work & Involvement:** Get into work, Stay in work, Volunteer time and skills.



### Examples

Housing team, e.g. neighbour issues  
Application for benefits  
Transport for hospital appointments  
Social services for care package  
Liaison with health professionals for physical & mental health needs

### Examples

Islington Law Centre  
Bereavement Service  
Expert Patient Programme  
Iwork  
Recovery College  
Benefits Check  
Cleaning Company  
Debt Management  
IT Help Sessions  
Exercise Classes  
Friendship Wheels  
Stress Project  
Social activities

## Age UK Islington - Contact us

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If you'd like to know more about what we do and how we can work together, please get in touch with:

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