

## **Drovers Activities Centre – November 2019**

MON 4th NOV	TUE 5th NOV	WED 6th NOV	THU 7th NOV	FRI 8th NOV
Sugar Craft –10am-	Tai-Chi – 10:30am-	Photography –out	Hairdressing –	Short Mat Bowls – 10am-
12noon – Free	12noon – Free	in the community	9:30am-12:30pm –	12noon – Free
		–10am-12pm -	ask reception for	
<b>Bingo</b> – 1pm-3pm –	Painting & Art –	Free	price list	Gentle Exercise – 11am-
Free	11am-1pm – Free			12noon – Free
		Music Group -	Table Tennis &	
<b>Cards</b> – 1pm-3pm –	<b>Keep Fit</b> – 1:30pm-	10:30am-12noon -	Dominoes – 10am-	Spanish for beginners –
Free	2:30pm - £2	Free	12noon – Free	11am-12noon - Free
Chair Pilates –	<b>Spanish</b> – 2pm-	Sing-a-long –	Soup & Salads	Water colour – 1pm-3pm –
3:30pm-4:30pm - £3	3:15pm - Free	11am-12noon	Community Kitchen -	Free
			10am-12noon – Free	
	IT support by	Needlecraft –		Chair Based Yoga - 2pm-
	appointment only –	1pm- 2:30pm –	Community lunch –	3pm - £3
	3pm-onwards – Free	Free	12noon-1pm - £2	
			donation	
		Bloomin'		IT support by appointment
		Gardeners – 2pm-	Creative Art Class –	only – 3:15pm-onwards –
		4pm – Free	12-2pm - Free	Free
		IT support by	<b>Bingo</b> – 1pm-3pm –	
		appointment only	Free	
		– 3pm:15pm-		
		onwards – Free	Fabric Printing &	
			Embroidery – 2:30pm-	
		Line Dancing –	4:30pm – Free	
		5pm-7pm – £2-4		

MON 11th NOV	TUE 12 <sup>th</sup> NOV	WED 13 <sup>th</sup> NOV	THU 14 <sup>th</sup> NOV	FRI 15 <sup>th</sup> NOV	Sun 17 <sup>th</sup> NOV
Sugar Craft –10am-	Tai-Chi –	Photography – in	Hairdressing –	Short Mat Bowls –	Short Mat Bowls –
12noon – Free	10:30am-	Drovers - 10am-	9:30am-12:30pm -	10am-12noon –	2-4pm – Free
	12noon – Free	12noon – Free	ask reception for	Free	
<b>Bingo</b> – 1pm-3pm –			price list		
Free	Painting & Art –	Music Group -			
	11am-1pm-	10:30am-12noon –	Table Tennis &	Water colour –	
<b>Cards</b> – 1pm-3pm – Free	Free	Free	<b>Dominoes</b> – 10am- 12noon – Free	1pm-3pm – Free	
	Keep Fit - 1:30-	Special		Chair Based	
Chair Pilates –	2:30pm - £2	Reminiscence –	Creative Art Class	<b>Yoga</b> - 2pm-3pm	
3:30pm - 4:30pm -		Vintage Postcards-	– 12-2pm - Free	- £3	
£3	<b>Spanish</b> – 2-	11am – 12pm -			
	3:15pm - Free	Free			
			<b>Bingo</b> – 1pm-3pm	IT support by	
	IT support by	Needlecraft –	– Free	appointment	
	appointment	1pm-2:30pm – Free		only – 3:15pm-	
	only – 3pm-		<b>Boccia</b> – 3pm-	onwards – Free	
	onwards – Free	Bloomin'	4pm - Free		
		Gardeners – 2pm-			
		4pm – Free	Fabric Printing &		
			Embroidery –		
		IT support by	2:30pm-4:30pm –		
		appointment only	Free		
		- 3:15pm-onwards			
		– Free			
		Line Dancing –			
		5pm-7pm – £2-4			

MON 18 <sup>th</sup> NOV	TUE 19th NOV	WED 20 <sup>th</sup> NOV	THU 21st NOV	FRI 22 <sup>nd</sup> NOV
Sugar Craft – 10am-	Tai-Chi – 10:30am-	Photography – out in	Hairdressing –	Short Mat Bowls – 10am-
12noon – Free	12noon – Free	the community -	9:30am-12:30pm –	12noon – Free
		10am-12:30pm – Free	ask reception for	
<b>Bingo</b> – 1-3pm – Free	Painting & Art -		price list	Water colour – 1-3pm –
	11am-1pm – Free	Music Group -		Free
Card Games – 1-3pm		10:30am-12noon –	Table Tennis &	
– Free	<b>Keep Fit</b> – 1:30-	Free	Dominoes – 10am-	Chair Based Yoga - 2-3pm
	2:30pm - £2		12noon – Free	- £3
Chair Pilates – 3:30-		Special		
4:30pm - £3	<b>Spanish</b> – 2-3:15pm -	Reminiscence –	Creative Art Class –	
	Free	Poetry -11am-	12-2pm - Free	IT support by
		12noon - Free		appointment only –
	IT support by		<b>Bingo</b> – 1-3pm – Free	3:15pm-onwards – Free
	appointment only –	Needlecraft – 1-	_	
	3pm-onwards – Free	2:30pm – Free	Fabric Printing &	
			Embroidery – 2:30-	
	North London Cares	Bloomin' Gardeners –	4:30pm – Free	
	Dance Club –	2-4pm – Free		
	<b>Roaring 20's</b> - 6-			
	7:45pm - Free	Cardio Fun with		
		<b>Pilates</b> – 3-4pm – £3		
		IT support by		
		appointment –		
		3:15pm-onwards –		
		Free		
		Line Dancing – 5-		
		7pm – £2-4		

MON 25 <sup>th</sup> NOV	TUE 26 <sup>th</sup> NOV	WED 27th NOV	THU 28th NOV	FRI 29th NOV	Sun 1 <sup>st</sup> DEC
Sugar Craft –	Tai-Chi –	Photography – at	Hairdressing –	Short Mat Bowls –	Short Mat
10am-12noon –	10:30am-12noon	Drovers - 10am-	9:30am-12:30pm –	10am-12noon –	Bowls – 2-4pm
Free	– Free	12noon – Free	ask reception for	Free	– Free
			price list		
<b>Bingo</b> – 1-3pm –	Painting & Art -	Music Group -		Water colour – 1-	
Free	11am-1pm-	10:30am-12noon –	Table Tennis &	3pm – Free	
	Free	Free	Dominoes – 10am-		
Card Games – 1-			11am – Free	Chair Based Yoga -	
3pm – Free	Keep Fit - 1:30-	Special Reminiscence		2-3pm - £3	
	2:30pm – £2	- Fraud & Scam 11am-	Creative Art Class –		
Chair Pilates –		12noon - Free	12-2pm - Free	IT support by	
3:30-4:30pm - £3	Spanish – 2-			appointment only	
	3:15pm - Free	Needlecraft – 1-	<b>Bingo</b> – 1-3pm –	- 3:15pm-onwards	
		2:30pm – Free	Free	– Free	
	IT support by				
	appointment	Bloomin' Gardeners -	<b>Boccia</b> – 3-4pm -	Short Mat Bowls –	
	only – 3pm-	2-4pm – Free	Free	2-4pm – Free	
	onwards – Free				
		Cardio Fun with Pilates	Fabric Printing &		
		– 3-4pm – £3	Embroidery – 2:30-		
			4:30pm – Free		
		IT support by			
		appointment only –	Art Evening:		
		3:15pm-onwards –	Creative Music		
		Free	Group		
			Performance –		
		Line Dancing – 5-7pm-	5.30pm - 7pm Free		
		£2-4			

If you'd like to book into any session or you have any further enquiries, please call the Drovers Centre on 020 7607 7701 or our Contact Centre on 020 7281 6081.