

Drovers Activities Centre – November 2019

MON 4th NOV	TUE 5th NOV	WED 6th NOV	THU 7th NOV	FRI 8th NOV
<p>Sugar Craft –10am-12noon – Free</p> <p>Bingo – 1pm-3pm – Free</p> <p>Cards – 1pm-3pm – Free</p> <p>Chair Pilates – 3:30pm-4:30pm - £3</p>	<p>Tai-Chi – 10:30am-12noon – Free</p> <p>Painting & Art – 11am-1pm – Free</p> <p>Keep Fit – 1:30pm-2:30pm - £2</p> <p>Spanish – 2pm-3:15pm - Free</p> <p>IT support by appointment only – 3pm-onwards – Free</p>	<p>Photography –out in the community –10am-12pm - Free</p> <p>Music Group - 10:30am-12noon – Free</p> <p>Sing-a-long – 11am-12noon</p> <p>Needlecraft – 1pm- 2:30pm – Free</p> <p>Bloomin' Gardeners – 2pm-4pm – Free</p> <p>IT support by appointment only – 3pm:15pm-onwards – Free</p> <p>Line Dancing – 5pm-7pm – £2-4</p>	<p>Hairdressing – 9:30am-12:30pm – ask reception for price list</p> <p>Table Tennis & Dominoes – 10am-12noon – Free</p> <p>Soup & Salads Community Kitchen - 10am-12noon – Free</p> <p>Community lunch – 12noon-1pm - £2 donation</p> <p>Creative Art Class – 12-2pm - Free</p> <p>Bingo – 1pm-3pm – Free</p> <p>Fabric Printing & Embroidery – 2:30pm-4:30pm – Free</p>	<p>Short Mat Bowls – 10am-12noon – Free</p> <p>Gentle Exercise – 11am-12noon – Free</p> <p>Spanish for beginners – 11am-12noon - Free</p> <p>Water colour – 1pm-3pm – Free</p> <p>Chair Based Yoga - 2pm-3pm - £3</p> <p>IT support by appointment only – 3:15pm-onwards – Free</p>

MON 11th NOV	TUE 12th NOV	WED 13th NOV	THU 14th NOV	FRI 15th NOV	Sun 17th NOV
<p>Sugar Craft –10am-12noon – Free</p> <p>Bingo – 1pm-3pm – Free</p> <p>Cards – 1pm-3pm – Free</p> <p>Chair Pilates – 3:30pm - 4:30pm - £3</p>	<p>Tai-Chi – 10:30am-12noon – Free</p> <p>Painting & Art – 11am-1pm – Free</p> <p>Keep Fit – 1:30-2:30pm - £2</p> <p>Spanish – 2-3:15pm - Free</p> <p>IT support by appointment only – 3pm-onwards – Free</p>	<p>Photography – in Drovers - 10am-12noon – Free</p> <p>Music Group - 10:30am-12noon – Free</p> <p>Special Reminiscence – Vintage Postcards- 11am – 12pm - Free</p> <p>Needlecraft – 1pm-2:30pm – Free</p> <p>Bloomin' Gardeners – 2pm-4pm – Free</p> <p>IT support by appointment only – 3:15pm-onwards – Free</p> <p>Line Dancing – 5pm-7pm – £2-4</p>	<p>Hairdressing – 9:30am-12:30pm – ask reception for price list</p> <p>Table Tennis & Dominoes – 10am-12noon – Free</p> <p>Creative Art Class – 12-2pm - Free</p> <p>Bingo – 1pm-3pm – Free</p> <p>Boccia – 3pm-4pm - Free</p> <p>Fabric Printing & Embroidery – 2:30pm-4:30pm – Free</p>	<p>Short Mat Bowls – 10am-12noon – Free</p> <p>Water colour – 1pm-3pm – Free</p> <p>Chair Based Yoga - 2pm-3pm - £3</p> <p>IT support by appointment only – 3:15pm-onwards – Free</p>	<p>Short Mat Bowls – 2-4pm – Free</p>

MON 18 th NOV	TUE 19 th NOV	WED 20 th NOV	THU 21 st NOV	FRI 22 nd NOV
<p>Sugar Craft – 10am-12noon – Free</p> <p>Bingo – 1-3pm – Free</p> <p>Card Games – 1-3pm – Free</p> <p>Chair Pilates – 3:30-4:30pm - £3</p>	<p>Tai-Chi – 10:30am-12noon – Free</p> <p>Painting & Art - 11am-1pm – Free</p> <p>Keep Fit – 1:30-2:30pm - £2</p> <p>Spanish – 2-3:15pm - Free</p> <p>IT support by appointment only – 3pm-onwards – Free</p> <p>North London Cares Dance Club – Roaring 20's - 6-7:45pm - Free</p>	<p>Photography – out in the community - 10am-12:30pm – Free</p> <p>Music Group - 10:30am-12noon – Free</p> <p>Special Reminiscence – Poetry -11am-12noon - Free</p> <p>Needlecraft – 1-2:30pm – Free</p> <p>Bloomin' Gardeners – 2-4pm – Free</p> <p>Cardio Fun with Pilates – 3-4pm – £3</p> <p>IT support by appointment – 3:15pm-onwards – Free</p> <p>Line Dancing – 5-7pm – £2-4</p>	<p>Hairdressing – 9:30am-12:30pm – ask reception for price list</p> <p>Table Tennis & Dominoes – 10am-12noon – Free</p> <p>Creative Art Class – 12-2pm - Free</p> <p>Bingo – 1-3pm – Free</p> <p>Fabric Printing & Embroidery – 2:30-4:30pm – Free</p>	<p>Short Mat Bowls – 10am-12noon – Free</p> <p>Water colour – 1-3pm – Free</p> <p>Chair Based Yoga - 2-3pm - £3</p> <p>IT support by appointment only – 3:15pm-onwards – Free</p>

MON 25th NOV	TUE 26th NOV	WED 27th NOV	THU 28th NOV	FRI 29th NOV	Sun 1st DEC
<p>Sugar Craft – 10am-12noon – Free</p> <p>Bingo – 1-3pm – Free</p> <p>Card Games – 1- 3pm – Free</p> <p>Chair Pilates – 3:30-4:30pm - £3</p>	<p>Tai-Chi – 10:30am-12noon – Free</p> <p>Painting & Art - 11am-1pm – Free</p> <p>Keep Fit - 1:30- 2:30pm – £2</p> <p>Spanish – 2- 3:15pm - Free</p> <p>IT support by appointment only – 3pm- onwards – Free</p>	<p>Photography – at Drovers - 10am- 12noon – Free</p> <p>Music Group - 10:30am-12noon – Free</p> <p>Special Reminiscence – Fraud & Scam 11am- 12noon - Free</p> <p>Needlecraft – 1- 2:30pm – Free</p> <p>Bloomin' Gardeners - 2-4pm – Free</p> <p>Cardio Fun with Pilates – 3-4pm – £3</p> <p>IT support by appointment only – 3:15pm-onwards – Free</p> <p>Line Dancing – 5-7pm- £2-4</p>	<p>Hairdressing – 9:30am-12:30pm – ask reception for price list</p> <p>Table Tennis & Dominoes – 10am- 11am – Free</p> <p>Creative Art Class – 12-2pm - Free</p> <p>Bingo – 1-3pm – Free</p> <p>Boccia – 3-4pm - Free</p> <p>Fabric Printing & Embroidery – 2:30- 4:30pm – Free</p> <p>Art Evening: Creative Music Group Performance – 5.30pm - 7pm Free</p>	<p>Short Mat Bowls – 10am-12noon – Free</p> <p>Water colour – 1- 3pm – Free</p> <p>Chair Based Yoga - 2-3pm - £3</p> <p>IT support by appointment only – 3:15pm-onwards – Free</p> <p>Short Mat Bowls – 2-4pm – Free</p>	<p>Short Mat Bowls – 2-4pm – Free</p>

If you'd like to book into any session or you have any further enquiries, please call the Drovers Centre on 020 7607 7701 or our Contact Centre on 020 7281 6081.