

Drovers Activities Centre – October 2019

MON 30 th SEPT	TUE 1 st OCT	WED 2 nd OCT	THU 3 rd OCT	FRI 4 th OCT	SUN 6 th OCT
Sugar Craft –10am-	Tai-Chi – 10:30am-	Photography –	Hairdressing –	Short Mat Bowls –	Silver Sunday:
12noon – Free	12noon – Free	No Session this	9:30am-12:30pm –	10am-12noon –	Celebration of
		week	ask reception for	Free	Culture – 1pm-3pm
Bingo – 1pm-3pm –	Painting & Art –		price list		– Free – please
Free	11am-1pm – Free	Music Group -		Spanish for	bring a dish from
		10:30am-12noon –	Table Tennis &	beginners – 11am-	your culture.
Cards – 1pm-3pm	Keep Fit – 1:30pm-	Free	Dominoes – 10am-	12noon - Free	
– Free	2:30pm - £2		12noon – Free		
		Sing-a-long –		Water colour –	
Chair Pilates –	Spanish – 2pm-	11am-12noon	Soup & Salads	1pm-3pm – Free	
3:30pm-4:30pm -	3:15pm - Free		Community		
£3		Needlecraft –	Kitchen - 10am-	Chair Based Yoga	
	IT support by appointment only	1pm- 2:30pm – Free	12noon – Free	- 2pm-3pm - £3	
	– 3pm-onwards –		Community lunch	Specialised IT	
	Free	Bloomin'	– 12noon-1pm - £2	support –	
		Gardeners – 2pm-	donation	Security/staying	
		4pm – Free		safe online -	
			Creative Art Class	<u>requires booking</u> –	
		Cardio Fun with	– 12-2pm - Free	3pm-4:30pm - Free	
		Pilates – 3pm-4pm			
		– £3	Bingo – 1pm-3pm –	IT support by	
			Free	appointment only	
		IT support by		– 3:15pm-onwards	
		appointment only	Fabric Printing &	– Free	
		– 3pm:15pm-	Embroidery –		
		onwards – Free	2:30pm-4:30pm – Free		
			Boccia – 3pm-4pm		
			- Free		

MON 7 th OCT	TUE 8 th OCT	WED 9th OCT	THU 10 th OCT	FRI 11th OCT
Sugar Craft –10am-	Tai-Chi – 10:30am-	Photography – in	Hairdressing – 9:30am-	Short Mat Bowls –
12noon – Free	12noon – Free	Drovers - 10am-12noon	12:30pm – ask	10am-12noon – Free
		– Free	reception for price list	
Bingo – 1pm-3pm –	Painting & Art – 11am-			Spanish for beginners –
Free	1pm – Free	Music Group -10:30am-	Table Tennis &	11am-12noon - Free
		12noon – Free	Dominoes – 10am-	
Cards – 1pm-3pm –	Keep Fit – 1:30-2:30pm		12noon – Free	Gentle Exercise –
Free	- £2	Special Reminiscence		11am-12noon – Free
		– vintage postcards	The big draw am –	
	Spanish – 2-3:15pm -	with Colin Levy –	12pm-2pm – Free -	Water colour – 1pm-
	Free	11am-12noon - Free	Experimental large-	3pm – Free
			scale Drawing	
	IT support by	Needlecraft – 1pm-		Chair Based Yoga -
	appointment only –	2:30pm – Free	Bingo – 1pm-3pm –	2pm-3pm - £3
	3pm-onwards – Free		Free	
		Bloomin' Gardeners –		Specialised IT support –
		2pm-4pm – Free	The big draw pm -	Social media training -
			2pm-4pm – Free -	<u>requires booking</u> –
		IT support by	explore innovative	3pm-4:30pm - Free
		appointment only –	ways of drawing with	
		3:15pm-onwards – Free	textiles and thread	IT support by
				appointment only –
		Line Dancing – 5pm-	Fabric Printing &	3:15pm-onwards – Free
		7pm – £2-4	Embroidery – 2:30pm-	
			4:30pm – Free	

MON 14th OCT	TUE 15 th OCT	WED 16 th OCT	THU 17 th OCT	FRI 18th OCT	SUN 20th OCT
Sugar Craft –	Tai-Chi – 10:30am-	Photography – out in	Hairdressing –	Short Mat Bowls –	Short Mat Bowls
10am-12noon –	12noon – Free	the community -	9:30am-12:30pm -	10am-12noon –	– 2-4pm – Free
Free		10am-12:30pm –	ask reception for	Free	
	Painting & Art – -	Free	price list		
Bingo – 1-3pm –	11am-1pm – Free			Spanish for	
Free		Music Group -	Table Tennis &	beginners –	
	Keep Fit – 1:30-	10:30am-12noon –	Dominoes – 10am-	11am-12noon -	
Card Games – 1-	2:30pm - £2	Free	12noon – Free	Free	
3pm – Free					
	Spanish – 2-3:15pm	Reminiscence –	Creative Art Class –	Water colour – 1-	
Chair Pilates –	- Free	11am-12noon - Free	12-2pm - Free	3pm – Free	
3:30-4:30pm - £3					
	IT support by	Needlecraft – 1-	Bingo – 1-3pm – Free	Chair Based	
	appointment only	2:30pm – Free		Yoga - 2-3pm - £3	
	– 3pm-onwards –		Fabric Printing &		
	Free	Bloomin' Gardeners	Embroidery – 2:30-	Specialised IT	
		– 2-4pm – Free	4:30pm – Free	support – buying	
	North London			online - <u>requires</u>	
	Cares Dance Club	Cardio Fun with	Boccia – 3-4pm -	booking – 3-	
	– 6-7:45pm - Free	Pilates – $3-4pm - £3$	Free	4:30pm - Free	
		IT support by		IT support by	
		appointment only –		appointment only	
		3:15pm-onwards –		– 3:15pm-	
		Free		onwards – Free	
		Line Dancing – 5-			
		7pm – £2-4			

MON 21 st OCT	TUE 22 nd OCT	WED 23rd OCT	THU 24 th OCT	FRI 25 th OCT
Sugar Craft – 10am-	Tai-Chi – 10:30am-	Photography – at	Hairdressing – 9:30am-	Short Mat Bowls –
12noon – Free	12noon – Free	Drovers - 10am-	12:30pm – ask	10am-12noon – Free
		12noon – Free	reception for price list	
Bingo – 1-3pm – Free	Painting & Art - 11am-			Spanish for beginners
	1pm – Free	Music Group -	Table Tennis &	– 11am-12noon - Free
Card Games – 1-3pm		10:30am-12noon –	Dominoes – 10am-	
– Free	Keep Fit - 1:30-	Free	12noon – Free	Water colour – 1-3pm
	2:30pm – £2			– Free
Chair Pilates – 3:30-		Special Reminiscence	Creative Art Class –	
4:30pm - £3	Spanish – 2-3:15pm -	– black history month	12-2pm - Free	Chair Based Yoga - 2-
	Free	– 11am-12noon - Free		3pm - £3
			Bingo – 1-3pm – Free	
	IT support by	Needlecraft – 1-		Specialised IT support
	appointment only –	2:30pm – Free	Fabric Printing &	– Digital skills - <u>requires</u>
	3pm-onwards – Free		Embroidery – 2:30-	<u>booking</u> – 3-4:30pm -
		Bloomin' Gardeners -	4:30pm – Free	Free
		2-4pm – Free		
				IT support by
		Cardio Fun with Pilates		appointment only –
		– 3-4pm – £3		3:15pm-onwards –
				Free
		IT support by		
		appointment only –		
		3:15pm-onwards –		
		Free		
		Line Dancing – 5-7pm-		
		£2-4		

MON 28 th OCT	TUE 29 th OCT	WED 30 th OCT	THU 31st OCT	FRI 1 st NOV	SUN 3rd NOV
Sugar Craft –	Tai-Chi – 10:30am-	Photography - out	Hairdressing –	Short Mat Bowls –	Short Mat Bowls –
10am-12noon –	12noon – Free	in the community -	9:30am-12:30pm –	10am-12noon –	2-4pm – Free
Free		10am-12:30pm –	ask reception for	Free	
	Painting & Art -	Free	price list		
Bingo – 1-3pm –	11am-1pm – Free			Spanish for	
Free		Music Group -	Table Tennis &	beginners – 11am-	
	Keep Fit - 1:30-	10:30am-12noon –	Dominoes – 10am-	12noon - Free	
Card Games – 1-	2:30pm – £2	Free	12noon – Free		
3pm – Free				Water colour – 1-	
	Spanish – 2-3:15pm	Reminiscence –	Creative Art Class	3pm – Free	
Chair Pilates – 3:30-	- Free	11am-12noon -	– 12-2pm - Free		
4:30pm - £3		Free		Chair Based Yoga	
	IT support by		Bingo – 1-3pm –	- 2-3pm - £3	
	appointment only	Needlecraft – 1-	Free		
	– 3pm-onwards –	2:30pm – Free		IT support by	
	Free		Fabric Printing &	appointment only	
		Bloomin'	Embroidery – 2:30-	– 3:15pm-onwards	
		Gardeners – 2-4pm	4:30pm – Free	– Free	
		– Free			
			Boccia – 3-4pm -		
		Cardio Fun with	Free		
		Pilates – 3-4pm –			
		£3	Art Evening:		
			Photography –		
		IT support by	5.30pm - 7pm Free		
		appointment only			
		– 3:15pm-onwards			
		– Free			
		Line Dancing – 5-			
		7pm- £2-4			

If you'd like to book into any session or you have any further enquiries, please call the Drovers Centre on 020 7607 7701 or our Contact Centre on 020 7281 6081.