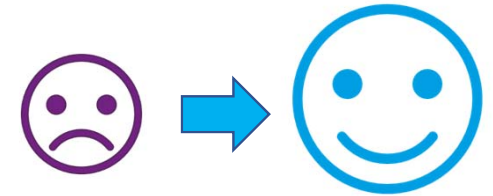


Client Story 2

Situation	Female 42, carer for her mother who recently passed away. Anxiety & Panic Attacks, Loss of identity, housing and life interests.
How they accessed the service	Was previously with Age UK Islington's Carer's Service and we were following up with a phone call to find out how she was doing.
What they wanted to do	Talk about her Bereavement and Loss – both for her mother and her sense of role in life. Get some help with Benefits and Finances Support with Rehousing Look at Volunteering Options
What we supported them with	Referred to the Islington Bereavement Counselling Service Supported with appeal for ESA Supported with housing bidding process. Connected to volunteering opportunities and Peer Coach mentor program.
Outcomes	Receiving counselling to deal with bereavement. Supported in benefits claim, has now moved to a one bed flat, is now training as a peer coach mentor, panic attacks seem to have stopped.



- ✓ **Get the support I need**
- ✓ **Have more money coming in**
- ✓ **Have my own home**
- ✓ **Afford more of what I need**
- ✓ **Be less anxious**
- ✓ **Follow my interests**