# Cecelia's Café - Islington

Join us at Cecelia's Café, a welcoming space for carers and people living with Dementia. Come and enjoy fun, friendly activities designed to support your health and confidence.

## **Upcoming Events**



Wednesday 12 November - London Museum Visit

- Object wellbeing Sketching Activity
- A presentation on the new London Museum site

Wednesday 26 November - Quizzes and Art Activity

- Art activity acrylic painting pack of cards
- Autumn and winter theme



Wednesday 10 December - Quizzes and Walking Art Together

• Exploring our surroundings in surprising ways and creating new images of where we are and who we are with. A fun way to re-imagine the room we are in.



1.30-4pm



Harry Rice Hall, 70–72 Hargrave Park Rd, Archway, London, N19 5JN.

Map and directions are on the back of this flyer.



Refreshments available

For more information or to book a place, please contact 07484 089543 (9am – 5pm Monday to Friday) or email islington@alzheimers.org.uk



for everyone living with dementia



## Harry Rice Hall

## 70-72 Hargrave Park Road, Archway, London, N19 5JW



#### **Buses**

Bus stops are a 15-minute walk away (Junction Road or Holloway Road) Bus services are from. Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

Routes: 390, 134, 143, W5, C11, 41 stop on or near Junction Road

Routes: 263, 271, 43, 17 stop on Holloway Road

Route: 4 bus from Holloway Road towards Whittington Hospital, get off at Chester Road bus stop, cross the road and you will see Harry Rice Hall on Hargrave Park Road.

## Underground

Nearest Underground Station is Archway which is a 10-minute walk away and is served by the Northern Line. Upper Holloway station is also a 10-minute walk away.

### **Parking**

There are meters on Hargrave Park Road.

#### **London Taxicard**

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs (<a href="www.taxicard.org.uk">www.taxicard.org.uk</a> or call 0207 934 9791 for an application form).



