



Tranquil health & Wellbeing Workshop

CHRISTMAS PARTY

SATURDAY 13TH DECEMBER 2025 12 NOON - 4PM

At Brickworks Community Centre
42 Crouch Hill, London N4 4BY

**Activities include: Chair Yoga, Zumba fitness, Yearly
report, Sing along Carols, Raffle, Poems
Music by Nick Bee**

Refreshment served at 1pm

For more information, please contact
us on telephone 020 7263 1067
email admin@hanleycrouch.org.uk

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