# Singing for the Brain® Islington

A service designed to promote well-being and build confidence for people living with memory problems in Islington.

Held at Harry Rice Hall, 70–72 Hargrave Park Road, Archway, London, N19 5JW.

Singing for the Brain runs weekly on a Monday, 1pm-3pm.

3 November 24 November

10 November 1 December

17 November 8 December

Refreshments are provided.

If you would like more information or to book a place, please contact: -

Alzheimer's Society Islington
Telephone 07484 089543 (9am – 5pm Monday to Friday)
Email <u>islington@alzheimers.org.uk</u>

Please turn over for further information.





## Singing for the Brain®

### How to find us!



### **Buses**

Bus stops are a 15-minute walk away (Junction Road or Holloway Road) Bus services are from. Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

Routes: 390, 134, 143, W5, C11, 41 stop on or near Junction Road

Routes: 263, 271, 43, 17 stop on Holloway Road

Route: 4 bus from Holloway Road towards Whittington Hospital, get off at Chester Road bus stop, cross the road and you will see Harry Rice Hall on Hargrave Park Road.

# **Underground**

Nearest Underground Station is Archway which is a 10-minute walk away and is served by the Northern Line. Upper Holloway station is also a 10-minute walk away.

# **Parking**

There are meters on Hargrave Park Road.

### **London Taxicard**

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs (<a href="www.taxicard.org.uk">www.taxicard.org.uk</a> or call 0207 934 9791) for an application form.



