

FREE Outdoor Gym Session

Would you like to find out how to use the equipment in the outdoor gym?

Join a qualified fitness instructor in the park to learn more.



Saturday 18 April 10.30 – 11.30am

Saturday 9 May 10.30–11.30am

Saturday 20 June 10.30–11.30am

Caledonian Park Outdoor Gym

**All welcome – no experience needed.
No need to book, just turn up!**



ISLINGTON
For a more equal future