

# Cognitive Stimulation Group

## Cecelia's Café Islington

Join us for activities that support brain health in a warm, welcoming space for people living with dementia and their carers. We'd love to see you regularly so you can get the most from each session.

 Time: 1.30–4pm

 Location: Harry Rice Hall, 72 – 74 Hargrave Park Road, Archway, London, N19 5JN.  
Map and directions are on the back of the flyer.

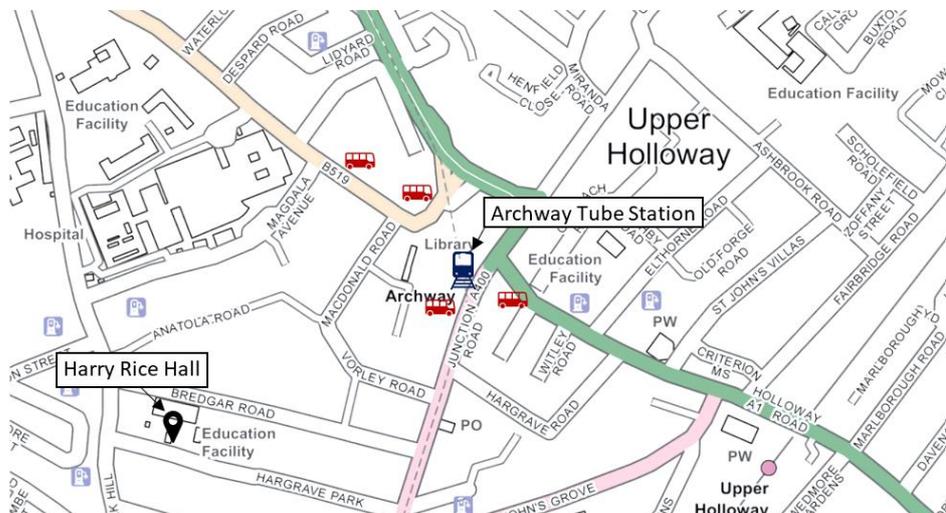
To book a place or for information, please contact Alzheimer's Society Islington  
Telephone: 07484 089543 (9am–5pm Monday to Friday)  
Email: [Islington@alzheimers.org.uk](mailto:Islington@alzheimers.org.uk)

### Upcoming Events

-  Wednesday 15 April: Quizzes and chair-based gentle exercise
-  Wednesday 29 April: Quizzes and toys reminisce from childhood
-  Wednesday 13 May: Quizzes and chair-based gentle exercise
-  Wednesday 27 May: Art and Craft
-  Wednesday 10 June: Arsenal sports & football reminisce
-  Wednesday 24 June: London Museum workshop
-  Wednesday 8 July: Quizzes and chair-based gentle exercise
-  Wednesday 22 July: Quizzes Summer Afternoon Tea

# How to find Harry Rice Hall

72 - 74 Hargrave Park Road, Archway, London, N19 5JW



## Buses

Bus stops are a 10-minute walk away (Junction Road or Holloway Road)

Bus services are from. Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

Routes: 390, 134, 143, W5, C11, 41 stop on or near Junction Road

Routes: 263, 271, 43, 17 stop on Holloway Road

Routes: 4 runs along Dartmouth Road

## Underground

Nearest Underground Station is Archway which is a 10-minute walk away and is served by the Northern Line.

Upper Holloway station is also a 10-minute walk away.

## Parking

There are meters on Hargrave Park Road.

## London Taxicard

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs ([www.taxicard.org.uk](http://www.taxicard.org.uk) or call 0207 934 9791) for an application form.