

# BETTER GET TOGETHER

## SOBELL LEISURE CENTRE

Come along to our Better Get Together for people aged 60+. Sessions take place every Tuesday and Thursday between 10.30am-1pm.

Enjoy various sports and activities, including:

- Table Tennis
- Short Mat Bowls
- Badminton
- Short Tennis
- Dance Classes
- Dominoes and Cards
- Social Area and Refreshments

For more information, speak to a member of staff or visit [better.org.uk/sobell](http://better.org.uk/sobell) for details.



Working in partnership



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