## WALKING FOOTBALL

Starting from **3rd March 2022**, Sobell Leisure Centre is hosting walking football every **Thursday from 10.30am-11.30am**.

Walking football is a slowed down version of the game, ideal for people who want to get fit or maintain an active lifestyle.

For more information, please contact **Mikael.Kiviniemi@gll.org** 

Booking is available via the **Better UK app**, alternatively speak to a member of staff at reception



Working in partnership



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