

Do you know the signs of dementia?

Around 1,500 people in Islington live with dementia.

Our **free Dementia Friends sessions** can help you understand more about the signs and symptoms of dementia. You will also get tips on making a difference to the lives of people affected by dementia.

Dementia Friends is an Alzheimer's Society initiative that aims to change the way we think, act and talk about dementia.



Thursday 11 January 2024
10 – 11:30am
Islington North Library
Manor Gardens
N7 6JX

OR

Thursday 15 February 2024
10 – 11:30am
Islington West Library
Bridgeman Road
N1 1BD



Booking is encouraged, but not essential.

Scan the QR code to book or visit www.bit.ly/dementiafriends2024 and find out more via Eventbrite.



ISLINGTON
For a more equal future