FREE SWIMMING LESSONS FOR PEOPLE AGED 60+

In partnership with Islington Council, we are offering free swimming lessons for Islington residents aged 60 and over. Participating centres include Ironmonger Row Baths, Archway Leisure Centre, Highbury Leisure Centre and Cally Pool and Gym. Sessions are available for beginners and improvers, whether you are getting in the pool for the first time or refreshing and improving your swimming technique, come and learn with our resident instructors.

To book a block of weekly lessons, please **scan the QR code** below or contact **katy.summers@gll.org** for more information.

Scan to book

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