

Dementia Course for Carers

Islington Carers Hub in partnership with Services for Ageing & Mental Health - Camden and Islington NHS Foundation Trust

A free five-week course in October/November 2021 for those who care for someone with dementia.

We are offering a series of interactive workshops aimed at carers and also those who are supporting someone with a dementia condition such as family members/partners/friends.

We aim to provide information to enhance an understanding of dementia and the role of dementia services to support people in their caring role.

Workshops will be led Marijke Post, Senior Services Manager for Services for Ageing & Mental Health

Sessions will be held via Zoom and you will be sent the link after you have registered

Session 1

Tuesday 5 October, 10:30 – 12:30

What is dementia – this will include what it means, the symptoms and how a diagnosis is made.

Session 2

Tuesday 12 October, 10:30 – 12:30

The experience of living with dementia – this will include the lived experience of dementia, supporting behaviour and communication.

Session 3

Tuesday 19 October, 10:30 – 12:30

Support and treatment – this will include an overview of available treatment, medication and local support and services.

Session 4

Tuesday 26 October, 10:30 – 12:30

Carers and planning ahead – this will include the effects of caring for someone with dementia and information about legal matters such as Lasting Power of Attorney, Advanced Care Planning and DWP appointees. Feedback and planning for future events.

Session 5

Tuesday 2 November, 10:30 – 11:30

Led by: Jeanne Pring - Dementia Friends Champion

Dementia Friends information session to learn more about dementia and the small ways you can help support people living with dementia.

Alzheimer's Society's Dementia Friends programme is the biggest ever initiative to change people's perceptions of dementia. It aims to transform the way the nation thinks, acts and talks about the condition. Dementia Friends sessions are an interactive way of learning about dementia as well as choosing an action you can commit to whether this be big or small.