

Manage your Type 2 diabetes and gain control of your health in just 7 weeks.

SUPPORTED
SELF-MANAGEMENT

Diabetes Self-Management Programme DSMP

Diabetes Self-Management Programme

Starting Wednesday 23rd April 25

10:00am-1:00pm for 7 weeks

Location: Mildmay Medical Practice

2A Green Lanes N16 9NF

Tel: 0207 527 1558

Email: whh-tr.Self-Management@nhs.net

