



# MEMORIES OF LONDON

The Museum of London's programme of engagement  
for people living with dementia

## Remembering Yesterday, Caring Today (RYCT)

Free award-winning reminiscence workshops with Pam Schweitzer and Caroline Baker

Every Tuesday from 30 August until 25th October 2022. 2pm – 4pm

Museum of London Docklands

Hurry! Registration is closing soon for Remembering Yesterday, Caring Today (RYCT), a series of ten workshops using a creative approach to reminiscence work.

Running once a week for 10 weeks, these creative and life-affirming workshops are designed for people living with dementia and their family carers.

Theatre, music, laughter, conversation - it's all here, in this creative approach to reminiscence and life-story work.

To register or for further details, please call +44 20 7814 5774  
or email [memories@museumoflondon.org.uk](mailto:memories@museumoflondon.org.uk)