## FREE EVENT- ALL LOCAL WOMEN WELCOME



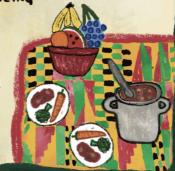
STALLS OPEN FROM 12 NOON UNTIL

OLD FIRE STATION COMMUNITY CENTRE, 84 MAYTON STREET

BUSES: 4, 29, 91, 153, 253, 254

SESSIONS ON HEALTHY EATING AND EXERCISE, MENTAL HEALTH AND WELL BEING

FREE HEALTHY LUNCH AT 1.15 PM

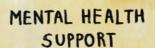


ORGANISED BY LOCAL WOMEN'S ORGANISATIONS. FUNDED BY ISLINGTON COUNCIL IN PARTNERSHIP WITH CRIPPLEGATE FOUNDATION. SUPPORTED BY THE NHS. OCTOPUS COMMUNITIES. BETTER/GLL. HEALTHWATCH ISLINGTON. AGE UK ISLINGTON.

HEALTH CHECKS AND SCREENINGS

CHILDHOOD VACCINATIONS

GROWING HEALTHY







Cripplegate **Foundation** 









healthwetch