



# Out of Hours Crisis Café

Drop-in support service for people at risk of crisis. To refer yourself call, email or ask a professional.

Monday to Friday 18:15-21:30  
Saturday and Sunday 14:30-17:30

**020 7263 3397**

Crisiscafe@islingtonmind.org.uk  
48 Despard Road, N19 5NW

**islingtonmind.org.uk**

Registered charity no. 294535

 **mind**  
Islington