



DANCE/CONNECT

Are you interested in joining new research exploring if online dance classes can support young people?

We would like to hear from young people aged 16-24 who are living in the UK and currently experiencing anxiety who would like to join us for 8 weeks of online dance.

What will happen if I take part?

- » You will have the opportunity to discuss the study with the Dance/Connect team and ask questions.
- » You will be asked to complete a short survey to request to join the classes.
- » If eligible, you will be invited to participate in 8 weeks of FREE online dance classes led by Dance Base.
- » You will be invited to complete surveys and attend a focus group to share your views on what the classes are like for you, including the opportunity to engage creatively, such as through drawing.
- » The information you give us will be kept confidential.

If you are interested in hearing more, please contact:
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or visit dance-connect.co.uk