



opportunities for education  
and community participation



# Singing for the Brain®

A service designed to promote well-being and build confidence, for people living with memory problems in Islington.

**Every Monday from 1.30pm - 3.30pm**

**Location:**

Hargrave Hall Community Centre,  
Hargrave Road, London, N19 5SP

**Contact:**

Alzheimer's Society Islington  
Telephone: 07484089543 (9am-5pm Mon-Wed)  
Email: [islington@alzheimers.org.uk](mailto:islington@alzheimers.org.uk)

Monday	April	3 <sup>rd</sup>	Closed
Monday	April	10 <sup>th</sup>	Bank Holiday
Monday	April	17 <sup>th</sup>	1.30 pm 3.30 pm
Monday	April	24 <sup>th</sup>	1.30 pm 3.30 pm
Monday	May	1 <sup>st</sup>	Bank Holiday
Monday	May	8 <sup>th</sup>	Bank Holiday
Monday	May	15 <sup>th</sup>	1.30 pm 3.30 pm
Monday	May	22 <sup>nd</sup>	1.30 pm 3.30 pm
Monday	May	29 <sup>th</sup>	Bank Holiday
Monday	June	5 <sup>th</sup>	1.30 pm 3.30 pm
Monday	June	12 <sup>th</sup>	1.30 pm 3.30 pm
Monday	June	19 <sup>th</sup>	1.30 pm 3.30 pm
Monday	June	26 <sup>th</sup>	1.30 pm 3.30 pm



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Even 'non-singers' are most welcome!

## Singing for the Brain® - How to find us!

**Hargrave Hall,  
Hargrave Road,  
London,  
N19 5SP**



### Buses

Bus stops are a 5 minute walk away (Junction Road or Holloway Road)

Bus services are from. Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

**Routes:** 390, 134, 143, W5, C11, 41 stop on or near Junction Road

**Routes:** 263, 271, 43, 17 stop on Holloway Road

### Underground

Nearest Underground Station is Archway which is a 5 minute walk away and is served by the Northern Line. Upper Holloway station is also a 5 minute walk away.

### Parking

There are meters on Hargrave Road and Bickerton Road which runs parallel to Hargrave Road.

### London Taxicard

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs ([www.taxicard.org.uk](http://www.taxicard.org.uk) or call 0207 934 9791) for an application form.