



Singing for the Brain[®]

A service designed to promote well-being and build confidence, for people living with memory problems in Islington.

Every Monday from 1.30pm - 3.30pm

Location:

Hargrave Hall Community Centre, Hargrave Road, London, N19 5SP

Contact:

Alzheimer's Society Islington

Telephone: 07484089543 (9am-5pm Mon-Wed)

Email: Islington@alzheimers.org.uk

Monday	April	3 rd	Closed	
Monday	April	10 th	Bank Holiday	
Monday	April	17 th	1.30 pm 3.30	pm
Monday	April	24 th	1.30 pm 3.30	pm
Monday	May	1 st	Bank Holiday	
Monday	May	8 th	Bank Holiday	
Monday	May	15 th	1.30 pm 3.30	pm
Monday	May	22 nd	1.30 pm 3.30	pm
Monday	May	29 th	Bank Holiday	
Monday	June	5 th	1.30 pm 3.30	pm
Monday	June	12 th	1.30 pm 3.30	pm
Monday	June	19 th	1.30 pm 3.30	pm
Monday	June	26 th	1.30 pm 3.30	pm

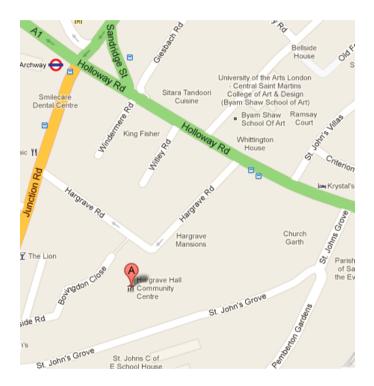




Even 'non-singers' are most welcome!

Singing for the Brain® - How to find us!

Hargrave Hall, Hargrave Road, London, N19 5SP



Buses

Bus stops are a 5 minute walk away (Junction Road or Holloway Road)

Bus services are from. Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

Routes: 390, 134, 143, W5, C11, 41 stop on or near Junction Road

Routes: 263, 271, 43, 17 stop on Holloway Road

Underground

Nearest Underground Station is Archway which is a 5 minute walk away and is served by the Northern Line. Upper Holloway station is also a 5 minute walk away.

Parking

There are meters on Hargrave Road and Bickerton Road which runs parallel to Hargrave Road.

London Taxicard

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs (www.taxicard.org.uk or call 0207 934 9791) for an application form.