



opportunities for education
and community participation



Singing for the Brain®

A service designed to promote well-being and build confidence, for people living with memory problems in Islington.

Every Monday from 1.30pm - 3.30pm

Location:

Hargrave Hall Community Centre,
Hargrave Road, London, N19 5SP

Contact:

Alzheimer's Society Islington
Telephone: **0208 121 5626** (9am-5pm Mon-Fri)
Email: [**islington@alzheimers.org.uk**](mailto:islington@alzheimers.org.uk)

Monday	May 2nd	Bank Holiday Closed
Monday	May 9th	1.30pm – 3.30pm
Monday	May 16th	1.30pm – 3.30pm
Monday	May 23rd	1.30pm – 3.30pm
Monday	May 30th	Closed
Monday	June 6th	1.30pm – 3.30pm
Monday	June 13th	1.30pm – 3.30pm
Monday	June 20th	1.30pm – 3.30pm
Monday	June 27th	1.30pm – 3.30pm

Even 'non-singers' are most welcome!



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Singing for the Brain® - How to find us!

**Hargrave Hall,
Hargrave Road,
London,
N19 5SP**



Buses

Bus stops are a 5 minute walk away (Junction Road or Holloway Road)

Bus services are from. Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

Routes: 390, 134, 143, W5, C11, 41 stop on or near Junction Road

Routes: 263, 271, 43, 17 stop on Holloway Road

Underground

Nearest Underground Station is Archway which is a 5 minute walk away and is served by the Northern Line. Upper Holloway station is also a 5 minute walk away.

Parking

There are meters on Hargrave Road and Bickerton Road which runs parallel to Hargrave Road.

London Taxicard

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs (www.taxicard.org.uk or call 0207 934 9791) for an application form.