



# Singing for the Brain<sup>®</sup>

A service designed to promote well-being and build confidence, for people living with memory problems in Islington.

# Every Monday from 1.30pm - 3.30pm

## Location:

Hargrave Hall Community Centre, Hargrave Road, London, N19 5SP

# **Contact:**

Alzheimer's Society Islington

Telephone: **0208 121 5626** (9am-5pm Mon-Fri) Email: **Islington@alzheimers.org.uk** 

**Monday** 

May 2<sup>nd</sup> Bank Holiday Closed

**Monday** May 9<sup>th</sup> 1.30 pm - 3.30 pmMonday May 16<sup>th</sup> 1.30 pm - 3.30 pmMay 23<sup>rd</sup> Monday 1.30pm - 3.30pm Monday May 30<sup>th</sup> Closed June 6<sup>th</sup> **Monday** 1.30pm - 3.30pm June 13<sup>th</sup> **Monday** 1.30pm - 3.30pm

Monday June 20<sup>th</sup> 1.30pm – 3.30pm

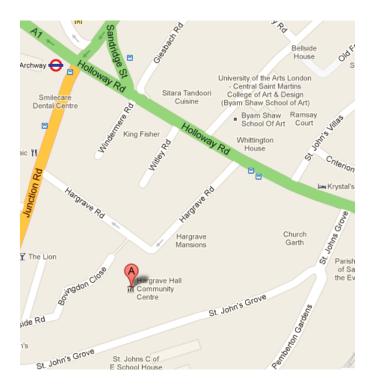
**Monday June 27<sup>th</sup> 1.30pm – 3.30pm** 





# Singing for the Brain® - How to find us!

Hargrave Hall, Hargrave Road, London, N19 5SP



#### **Buses**

Bus stops are a 5 minute walk away (Junction Road or Holloway Road)

Bus services are from. Brent Cross, North Finchley, Tottenham Court Road, Kensington, London Bridge, Waterloo, Tottenham Hale and Lambeth.

Routes: 390, 134, 143, W5, C11, 41 stop on or near Junction Road

Routes: 263, 271, 43, 17 stop on Holloway Road

## **Underground**

Nearest Underground Station is Archway which is a 5 minute walk away and is served by the Northern Line. Upper Holloway station is also a 5 minute walk away.

## **Parking**

There are meters on Hargrave Road and Bickerton Road which runs parallel to Hargrave Road.

### **London Taxicard**

The 'Taxicard' scheme offers subsidised taxi fares for people with mobility or sight impairment, who live in the London boroughs (<a href="www.taxicard.org.uk">www.taxicard.org.uk</a> or call 0207 934 9791) for an application form.