



Tranquil Health & Wellbeing Workshop New Year Party

SATURDAY 20TH, JANUARY 2024 1-4:30PM

Come and join us for a fun filled afternoon

Free at Brickworks Community Centre

42 Crouch Hill, London N4 4BY

Entertainment includes:

**Sing Along, Chair exercise, Zumba fitness, Music
and Dancing. Donations expected**

For more information, please contact us on

telephone: 020 7263 1067

email: admin@hanleycrouch.org.uk

Supported by Islington Council