Vibast Community Centre Old Street, EGIV 9NH

September to October 2023 Programme



Under 5's Drop inFree Adult Community LearningÉ5 per session 18+, women only 07920024597Free Adult Community LearningFree Adult Community LearningFree Adult Community LearningFree Adult Community LearningFree Adult Community LearningFree Adult Community LearningFree Adult Community LearningFree Adult Community LearningJummab prayer group 12.30pm - 2.30pm FreeJummab prayer group 12.30pm - 2.30pm Free Adult Community LearningJummab prayer group 12.30pm - 2.30pm Free Adult Community LearningKaroon Taekwondo 0793114237Sundav Adult Community LearningKaroon Taekwondo 07932401520Sundav Adult Community LearningKaroon Taekwondo 07903570600Community Adult Community LearningKaroon Taekwondo 07903570600Sundav Adult Community LearningKaroon Taekwondo 07903570600Community Art Class alis Sundav of every month Free Age 18+ aliesartclub@gmail.comKaroon Taekwondo 07903570600Community Art Class aliesartclub@gmail.comSundav Adult Community LearningKaroon Taekwondo 07903570600Community Art Class aliesartclub@gmail.comTom - 8pm Free Free Free Sund Kotne Sung Free Free Free Ongo 2024597Sundakool Tom - 8pm Free Community LearningSundakool Tom - 8pm Free Community Class data Class data <b< th=""><th>Monday</th><th rowspan="2">10am - 12pm Free Adult Community</th><th colspan="2">Wednesday</th><th>Thursday</th><th>Friday</th><th>Saturday</th></b<>	Monday	10am - 12pm Free Adult Community	Wednesday		Thursday	Friday	Saturday
Ipm - 2pm Free Halty 10am - 12pm Healthy Generations 07981142376Pottery 10am - 12pm 	9.30am - 11.30am Under 5's Drop in		10am - 11am £5 per session 18+, women only	6pm - 7pm £5 per session 18+, women only	10am - 12pm Free Adult Community	Movers 9.30am to 10.30am Open to all Healthy Generations	Various events or free for private hire
Coffee afternoonKaroon TaekwondoAge 5+3pm - 5pm1pm - 3pm1pm - 3pm1pm - 3pm(Closed group)Free(Closed group)(Closed group)Fees applicable6+ and 18+07920024597Family KitchenAdut CommunityESOL - Union Chapel07920024597Karoon Taekwondo07903570600Bright FuturesESOL - Union Chapel2pm - 5pm0207 226 16867pm - 8.30pmFees applicableFree5pm - 6.30pmFree7pm - 8.30pmFree1.30pm - 5.30pmTopm - 8pm6+ and 18+0207 226 16867pm - 8.30pmFree7pm - 8pm6+ and 18+07920024597KingstunAge 18+Free07920024597Zumba0207 226 16867pm - 8.30pmFree07920024597Zumba07812991769KingstunAge 10+Free07920024597Zumba0pen to allFees applicableAge 10+Free00pen to all5pm - 6,00pmES Per session07812991769Yingstun LondonSkinners Dance ClassOpen to allOpen to allFreeYing Sun London11am - 1pmSkinners Dance ClassOpen to allFreeFreeYing Sun London13af Sunday of everySkinners Dance ClassOpen to allFreeFreeFreeYing Sun London13af Sunday of everySkinners Dance ClassOpen to allFreeFreeFreeFreeFreeSkinners Dance ClassOpen to allOpen to allFreeFreeFree	1pm - 2pm Free Healthy Generations	10am - 12pm Free Starting 26th September (10 weeks course)	11am - 12.00pm Free Contact Healthy Generations	7pm - 8.30pm Fees applicable Age 10+ Wingtsun London	1pm - 3pm Free Adult Community Learning	12.30pm - 2.30pm Free Open to all	Karoon Taekwondo 11pm - 1pm
ZumbaFees applicable 6+ and 18+WingstunMigstunAge 18+ alliesartclub@gmail.com7pm - 8pm6+ and 18+Fees applicable Age 18+7pm - 8.30pmalliesartclub@gmail.comFree07920024597Zumba07812991769Age 10+London Autism Grou 11am - 1pmOpen to all5pm - 6pm £5 Per session0pen to all079324015203rd Sunday of every monthESOL - Union ChapelFreeFreeFreeFreeFreeFree7.30 - 9pmOpen to allFreeFreeFreeFreeFree	3pm - 5pm Open to all Family Kitchen 3pm - 6pm Referral Only	1pm - 3pm Free Adult Community Learning Stay fit boxing	1pm - 3pm (Closed group) ESOL - Union Chapel 2pm - 5pm		5pm - 6.30pm Fees applicable 6+ and 18+ 07920024597	Karoon Taekwondo 5.30pm - 6.30pm Fees applicable, Age 5+ Karoon Taekwondo	Karoon Taekwondo 07903570600 Community Art Class 1.30pm - 5.30pm 1st Sunday of every month
0207 226 1686	7pm - 8pm Free Open to all ESOL - Union Chapel 7.30 - 9pm Free	Fees applicable 6+ and 18+ 07920024597 Skinners Dance Class 6.30pm - 8.30pm Free	<mark>Zumba</mark> 5pm - 6pm £5 Per session		Fees applicable Age 18+	7pm - 8.30pm Fees applicable Age 10+ Wingtsun London	alliesartclub@gmail.com London Autism Group 11am - 1pm 3rd Sunday of every month

