

Finsbury Winter Warmers Programme

1st February – 8th March 2024



All events
are free, with
refreshments
provided.

Thursday 1st February

10.30 – 12.00pm

Tour of the Museum of the Order of St John – ‘From Priory to Pub’

📍 Museum of the Order of
St John, St John’s Gate,
26 St John’s Lane, ECM 4DA

Join Museum staff for a warm
drink followed by an informal
tour of the Tudor gatehouse
to discover some of its many
uses. (Tour includes several
staircases.) **Drop in, no need to
book.**

Tuesday 6th February

1.00–2.30pm

Collage Caricatures

📍 The Peel Institute,
Northampton Rd, EC1R 0HU

Join the Quentin Blake Centre
for Illustration to learn how to
create your own caricature
using a range of different
drawing techniques and cut
and paste layers of expression.
**Please book in advance,
numbers strictly limited.**

Thursday 8 February

11.00–12.00pm

Introduction to Pilates with Healthy Generations

📍 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB

We will go through the ABCs of
Pilates (Alignment, Breathing
and Centring) and put them
into practice through exercise.
Drop in, no need to book.

Saturday 10 February

2.00–4.00pm

Maddy Carty

📍 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB

Soulful singer songwriter
performing her own music and
some popular songs you might
recognise. **Drop in, no need to
book.**

Tuesday 13 February

10.00–10.50am
or 11.00–11.50am

Dance at Sadlers Wells

 Sadlers Wells, Rosebery Ave,
London, EC1R 4TN

Always wanted to dance at Sadlers Wells? Then join us for a dance workshop to get your energy flowing. Please wear comfortable clothes and shoes to take part. 18+ **Please book in advance, numbers strictly limited.**

Wednesday 14th February

6.00–8.00pm

Volunteer to Uncover Clerkenwell's Stories – Open evening with coffee and cake


 Marx Memorial Library,
37A Clerkenwell Grn,
London EC1R 0DU

Are you interested in local history? Would you enjoy doing archive research or you like to be involved in an oral history project? Then why not join Islington Heritage, the Marx Memorial Library, The Peel Institute and Voluntary Action Islington to find out about some exciting new volunteering opportunities. **Drop in. No need to book.**

Thursday 15th February

1.00–2.00pm

Arthur Abbott and the Clerkenwell Explosion of 1867

 London Metropolitan
Archives, 40 Northampton
Rd, EC1R 0HB

Historian Mark Aston talks about this infamous event through the life of five-year-old victim Arthur Abbott. **Please book in advance.**

Monday 19th February

11.00–1.00pm

Easy Steps to Wellbeing

 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB

This workshop will provide you with a range of practical tools to use in your daily life to help you feel calmer, happier and more focused. Please wear comfortable clothes and bring a bottle of water and pen and paper. **Drop in, no need to book.**

Wednesday 21st February

6.30–8.30pm

Cook and Eat!

 The Peel Institute,
Northampton Rd, EC1R 0HU

Make a delicious veggie curry to feed the family in this fun, practical workshop. No cooking skills required. **Please book in advance, numbers strictly limited.**

Saturday 24th February

12.00–3.00pm

Family Fireside Day at Three Corners Playground

 Three Corners Playground,
Northampton Rd, EC1R 0HU

Gather round our toasty fire in the heart of Clerkenwell and enjoy fun activities, creative workshops and tasty food. Children of all ages welcome but must be accompanied by an adult. **Drop in, no need to book.**

Tuesday 27th February

1.00–2.00pm

Massage, Stretch & Shake

 The Peel Institute,
Northampton Rd, EC1R 0HU

Di Cooke from BodyWork will teach you how to give yourself a really effective neck and shoulder massage using essential oils. Incorporating some stretches too, this will be a fun, interactive session that will leave you feeling great. **Please book in advance, numbers strictly limited.**

Wednesday 28th February

12.00–3.00pm

Paper Flower Making Workshop

 The Peel Institute,
Northampton Rd, EC1R 0HU

Learn to create beautiful paper flowers with Leo Flowers and hear a talk on Islington's Flower Girls from Islington Heritage. **Please book in advance, numbers strictly limited.**

Friday 1st March

7.30–9.30pm

Lucinda Sieger and friends

 The Betsey Trotwood,
56 Farringdon Rd, EC1R 3BL

Join singer songwriter Lucinda Sieger and friends for a fabulous evening of live music to lift your spirits. **Drop in, no need to book.**

Tuesday 5th March

11.00–12.00pm

Dance Fitness with Healthy Generations

 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB

“Dance Fitness” is an exercise to music class with easy-to-follow dance moves that everyone can get involved in regardless of age, fitness and coordination. No dance experience required – bring water, wear loose comfy clothing and go for it!
Drop in, no need to book.

Thursday 7th March

1.00–2.00pm

Louis Wain: The Man Behind the Cats

 London Metropolitan
Archives, 40 Northampton
Rd, EC1R 0HB

Clerkenwell born artist Louis Wain (1860 – 1939) was known for his humorous drawings of cats. Amy Moffat from Bethlem Museum of the Mind will talk about his family’s influence on his work, his time receiving treatment at Bethlem Royal Hospital and the myth behind the kaleidoscope cats. **Please book in advance.**

Friday 8th March

A day of events in celebration of International Women’s Day

11.30–12.30pm

Remarkable Islington Women a guided walk

 (Meeting point on sign-up link)

Discover how Islington women created first-class ballet and opera, won the vote, and transformed public gardens.
Spaces limited. Please book in advance.

12.30–1.00pm

Coffee and Cake at Islington Museum

1.00–2.00pm

Ordinary Objects, Extraordinary Lives

 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB

Join Islington Museum’s Curator for an exploration into the women of our collections.
Please book in advance, numbers strictly limited.