

YOU CAN HELP US TO MAKE LAMBETH, AN AGE FRIENDLY BOROUGH WIDE COMMUNITY!!



- We at Age UK Lambeth are working on becoming an “Age Friendly” borough based on 8 domains set up by the World Health Organisation (WHO).

- This means that we will work in partnership with the Council and other statutory bodies strategically on an Age Friendly plan, to make life better, healthier, safer and happier for older people who are an untapped resource.

- We will build on what's already working and identify what isn't.

- We will continue to listen to and engage with residents.

- We will build on a clear vision of what Lambeth residents over 55, their carers or families think are the priorities based on the 8 Domains. More information on the 8 domains can be found on the link below:

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<https://ageing-better.org.uk/age-friendly-communities/eight-domains>

NATIONAL AGE FRIENDLY and INTERNATIONAL NETWORK

<https://ageing-better.org.uk/uk-network-age-friendly-communities>

AGE UK LAMBETH AGE FRIENDLY WORK IN 2021 we hosted online focus groups and generated feedback from Lambeth residents through electronic and hard copy questionnaires on the 8 domains in Lambeth. We are currently working with the Council, Public Health, and the wider community to improve the lives of older people.

LAMBETH COUNCIL MISSION In 2022 - 2026 - the Council has committed to becoming an Age Friendly borough and has included it in their Election Mission.

OUR LAMBETH AGE FRIENDLY VISION TO MAKE LIVES BETTER From 2022 to 2025 we will be proactively working on:

- An agreed joint Age Friendly action plan strategy which will include an Age Friendly Forum and engagement with Lambeth residents;
- Identifying priorities and key issues from the Lambeth Older People's Joint Strategic Needs Assessment.
- Building on existing good work and issues improving lives of Lambeth residents by Age UK Lambeth and other charities, community groups, Lambeth Council, Public Health, Lambeth Together, businesses and other statutory groups;
- Practical initiatives to make lives better;
- Develop an Ageing Well Strategy and A Lambeth Age Friendly Charter;
- Stakeholder sessions, and a residents panel;
- Establishing Task and Finish Groups to ensure changes and improvements are made based on engagement and feedback from residents.

In September 2023 our first Age Friendly Celebration event took place which included:

- 395 attendees
- Fun events including: crafts, Memory cartography, Spinach Planting, dominos, Keep Fit sessions, The Divertones Choir, Tea Dances,
- Flu and Covid Jabs, at least 20 information stalls
- To top it off it was covered by the [BBC on the evening news](#) who spoke to some attendees to get their views on Age Friendly
- See Lambeth Council's useful Age Friendly website which will be continually updated - [Age Friendly Lambeth | Lambeth Council](#)

THANK YOU SO MUCH FOR HELPING US TO SPREAD THESE AGE FRIENDLY MESSAGES !!