

INTERNATIONAL FRIENDSHIP DAY

Age UK Lambeth wants to reduce isolation and loneliness of older housebound people and those who are self-isolating during the Covid-19 pandemic

Given the huge demand, we are here to serve older and vulnerable people over the age of 18. We define vulnerable very widely and not only includes those that have been told to self-isolate but anyone with a health condition, disability or are a carer.

Befriending - Create Meaningful Moments for Isolated People:

Whatever our age, having a friendly chat on the phone or in person can be the highlight of our day. During this time of increased physical distance, weekly contact provides a great opportunity for social connections and friendship.

If you are interested in other volunteer opportunities, please email us at volunteer@ageuklambeth.org and will let you know what other roles we have on offer.

For referrals email:
myneighbour@ageuklambeth.org
or contact Gateway on 0333 360 3700

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FRIENDSHIP CALLS

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Friendship Calls - Create Meaningful Moments for People over the Phone:

Whatever our age, having a friendly chat on the phone can be the highlight of our day. During this time of increased physical distance, weekly phone calls provide a great opportunity for social connections and friendship.

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