

For further details please contact:



The Age UK Integrated Care Programme

Age UK Lancashire

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The Age UK Integrated Care Programme is a free service designed to help older people living in East Lancashire with multiple long-term health conditions.

Purpose:

- To regain independence
- To meet personal health & wellbeing goals
- To improve the co-ordination and quality of care and support
- To access GP and primary care services more effectively
- To maximise income
- To reduce hospital admissions

Wellness is more than health:

- * Emotional well being
- * Financial stability
- * Social connectivity

Project Partners:

- Age UK Lancashire
- East Lancashire Clinical Commissioning Group
- Age UK National
- Lancashire County Council
- East Lancashire Hospitals NHS Trust

- * Having a purpose
- * Taking ownership
- * Feeling confident

How does it work?

The Age UK Integrated Care Programme brings together voluntary, health and care services in East Lancashire to provide an innovative combination of medical and non-medical support.

The Age UK Personal Independence Co-ordinator for the locality will act as the key link to the individual, using a person centred approach. Together they can create a plan that suits their lifestyle which will enable them to enhance their health and wellbeing and regain their independence.

Typically, the plan includes physical, mental health needs and setting personal goals that could include such areas as falls prevention support, exercise groups, social care, clubs and activities as well as access to information and advice.

Our local services include:

Information & Advice, Daytime Support, Home Help, Hospital After Care, Active Ageing, Reaching Communities, Befriending, Insurance products and services, IT classes and My Life, My Decision.

Eligibility Criteria

Age 65 and over and with certain health criteria (please check with your doctor or nurse) enabling you to remain safe and supported at home, wherever possible, for your health and wellbeing.



Age UK Lancashire is a countywide charity working with and for older people. We believe that later life should be valued and fulfilling. Through the services and support we provide, we aim to promote independence, enhance health and wellbeing and enable older people to access the information they need to make informed decisions about their lives.