**R02 - Volunteer Opportunity –**

**Active Afternoon ZONE Activities Helper**

Are you friendly, caring, creative and sociable? Would you like to get involved in activities and encourage and motivate others to do the same?

Can you be hands on and help set up and close down?

If so, come and volunteer at Galgate!

**Description:**

You’ll be supporting our staff in planning, organising and delivering the daily activities we provide for our service members; Bingo (and musical Bingo), quizzes, memory games, leading a singing session, crafts and floor games in a secure ‘ZONE’ environment . You will take the lead and run an activity to give the staff member a short break. You’ll help serve afternoon teas and support the team to pack everything away at the end of a busy day.

Previous experience of working with older adults, an understanding of dementia and additional health needs, or generally working with groups, would be useful. You will be a sociable person who is not afraid to talk to our members, encouraging them to get the most out of our services. You will need to be physically fit for this opportunity as it involves fetching and carrying of resources. Training and full instruction will be provided.

**Possible Tasks**

* To participate in activities which take place at the centre, helping out with hospitality e.g. welcoming and serving refreshments
* To encourage our members to participate in group and offer 1-2-1 supporting conversations when needed
* To seek views from our members on what activities they might enjoy
* Wearing of PPE is required for some tasks
* Follow policies & procedures to keep older people and their information safe in a strict COVID compliant environment
* Supporting team to close down and tidy away at end of day

**What you can expect from us:**

* To be part of a friendly and helpful team
* Training necessary for your role
* Out of pocket expenses
* A named person to support you in your role
* This role is subject to satisfactory DBS clearance
* PPE supplied.