**R02 - Volunteer Opportunity –**

**Dementia Activity Support - Virtual Group Co-Host**

Are you friendly, caring and patient? Would you like to support and encourage people living with dementia to engage in digital based Cognitive Stimulation Therapy activities? Are you reliable?

**Description:**

You will ensure all participants are included and encouraged to join in group discussions and activities. You will guide individuals through any technical issues they may experience in a clear and patient manner.

You will work closely alongside a trained Dementia Activity Lead and will be volunteering in a Zoom group on Wednesday afternoons.

**What experience / skills are needed? (Training is provided)**

* Good digital skills and familiarity with Zoom video calls
* Able to support group members with basic technical issues
* Active listening skills
* Empathy and patience
* Interest/experience in supporting and empowering older people living with dementia
* Sociable and able to communicate well
* Ability to complete online training

PC use required  YES Driving required  NO

**Possible Tasks**

* You will support the Dementia Activity Lead to deliver an enjoyable activity session for the group
* You will recognise when group members might be struggling or need further support, without being able to rely on face-to-face communications or prompts
* You will guide and support group members through any basic technical issues they may experience joining or taking part in the group activities in an empathetic and patient way
* You will follow AUKL policies & procedures to keep older people and their information safe

**What you can expect from us:**

* To be part of a friendly and helpful team
* Opportunity to become a ‘Dementia Friend’
* Training necessary for your role
* Out of pocket expenses
* A named person to support you in your role
* This role is subject to satisfactory DBS clearance