

Dementia Activity Lead

Dementia Services

About Age UK Lancashire

Age UK Lancashire proudly delivers services to over 12,000 older people across Lancashire each year, enabling them to maintain their independence and to enjoy choice and control over their lives.

The Service

Working across Lancashire, the aim of our Dementia Services is to empower people with a diagnosis of dementia, and their care partners, to live as well as possible and prepare for their future.

The job, in a nutshell

As a Dementia Activity Lead, through structured activity programmes and community-based engagement activities, you will support people with a dementia diagnosis, helping them to maintain their independence and confidence and improve their sense of well-being, putting them more in control of their lives.

What you'll do for us / The Job

Cognitive Stimulation Therapy (CST)

Responsible for the delivery of an effective group based Cognitive Stimulation Therapy (CST) programme, designed to maintain/improve cognitive function and aid the re-development of skills

- You will undertake all aspects of session preparation and facilitation to include activity planning, venue and participant coordination and delivery.
- You will complete appropriate assessments and evaluations as required
- Provide relevant carers information session at the end of each cohort.

Dementia Hubs/Community Based Groups

- Plan and facilitate the delivery of informal social groups and community-based dementia hubs for people affected by dementia including carers, across the County.



Driving: This role requires you to have a full driving licence and appropriate business insurance.

DBS: This role requires you to have an enhanced DBS check, and associated costs will be met by the employee.

Annual leave: 25 days rising to 30 with length of service + bank holidays (pro-rata for part time employees)

Our Values

We innovate

We care

We go above & beyond

We take responsibility

We are proud to work here

Dementia Services

Engagement & Signposting

- Establish effective internal working relationships with other Age UK Lancashire staff and services to support referrals.
- Build relationships with the Alzheimer's Society Dementia Navigators supporting two-way referrals.
- Build networks across the County and develop relationships with organisations delivering relevant services.
- Assist in signposting and referring individuals to appropriate and relevant support.
- Attend events/meetings to help raise awareness of the Dementia Service
- Be actively involved in raising awareness of Dementia Friendly initiatives.
- Keep up to date with information about relevant services.

General Administration

- Completing required administration in relation to your role including updating client records, assessments and evaluations.
- Maintaining records and retrieving information using Age UK Lancashire's and other service databases as appropriate in line with GDPR principles.

Other Duties

- To promote volunteering opportunities and assist with the induction, training and support to volunteers.
- To work in an inclusive way with care partners
- Actively look for opportunities to development the service across Lancashire

Key Relationships

- ✓ AUKL Dementia Services Manager, Dementia Activity Leads and Volunteers
- ✓ Local Health and Social Care Professionals and relevant support providers
- ✓ Age UK Lancashire colleagues
- ✓ Service users, families and care partners
- ✓ Alzheimer's Society Dementia Navigators

Colleague Quote: "I think the culture at Age UK Lancashire is very good, everyone is happy to help and able to have constructive conversations "

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Must have

- ✓ Excellent communication skills – both verbal and written; ability to communicate effectively with diverse individuals on a 121 and group basis.
- ✓ Able to work well independently or as part of a team.
- ✓ Experience of conducting assessments with clients
- ✓ Confident delivery and presentation skills
- ✓ Ability to work flexibly to meet the needs of service users
- ✓ Knowledge and confidence with IT systems including word, excel, outlook, power point, Zoom, Teams and other standard operating systems
- ✓ Ability to network/liase with other professional and agencies
- ✓ As an essential car user post, you must have access to a vehicle with appropriate business insurance.

Great to have

- ✓ Experience working in either health, education, social services or community and voluntary sector
- ✓ An understanding or experience of, working with people with Dementia and mild cognitive impairment
- ✓ An understanding of the needs of older people and the services available to support them
- ✓ Awareness and understanding of the challenges faced by unpaid carers
- ✓ Experience of In-House databases/CRM systems
- ✓ Experience supervising volunteers
- ✓ Experience using monitoring and evaluation tools
- ✓ Knowledge of the Cognitive Stimulation Therapy Principles
- ✓ Level 3 Health and Social Care or Dementia qualification

Other information

This role description is not intended to be exhaustive, but rather to clearly define the fundamental purpose, responsibilities and deliverables for the role.

In addition to the contents of this role description, employees are expected to undertake any and all other reasonable and related tasks allocated by line management.

To comply in all aspects with Age UK Lancashire's policies and procedures and to participate and contribute to Age UK Lancashire's activities, meetings and training courses as required.

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