

**“State of the Ark” (Community Projects)**

**Overview**

The “State of the Ark” Project offers support to older people to engage with activities that will assist them in getting ‘back on track’ after being isolated for a long period of time.

[](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjfl8ivrrTZAhVB0RQKHcNCDvMQjRwIBw&url=http://victoryiloilo.org/volunteer-ministry/&psig=AOvVaw03_9XOKw3GmT13tzMfuPGe&ust=1519211563518774)

[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj_k6nzl7fZAhXHXBQKHTjQDpIQjRwIBw&url=https://commons.wikimedia.org/wiki/File:Group_people_icon.jpg&psig=AOvVaw2NPWe744NKi69TQmnp6F49&ust=1519308618243890)

**What does “State of the Ark” involve?**

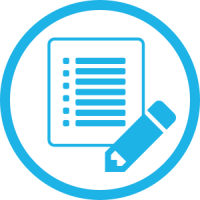
Current/Future Projects include:

* ‘Jamie Oliver’s Ministry of Food’ cooking workshops
* arts and craft workshops
* afternoon tea dances
* creative expression activities at Leeds Playhouse

**Volunteers required!**

**To find out more about volunteering with “State of the Ark”** please contact Jacqui Lawson on 07562 437036 or email [Jacqueline.Lawson@ageukleeds.org.uk](mailto:Jacqueline.Lawson@ageukleeds.org.uk)

**If you wish to apply to be a volunteer** please visit the volunteering section of our Age UK Leeds website or email [volunteering@ageukleeds.org.uk](mailto:volunteering@ageukleeds.org.uk)

[](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiC8rTcnrfZAhXC6xQKHdXZCYEQjRwIBw&url=http://zarpgaming.com/index.php/forum/server-applications/91627-ssrp-mr-vitx-moderator-application&psig=AOvVaw0ijeMNxqPmohv8zD6Yvxjs&ust=1519310428042704)