

## Volunteer Role Description

- ROLE:** 'Anything Goes' Group facilitator / Accompanier
- ROLE PURPOSE:** To encourage older people who may be experiencing isolation and loneliness to attend small social groups and offer support and companionship. To help run and organise activity sessions sharing interests and hobbies.
- ACCOUNTABLE TO:** Anything Goes Project Coordinator.

### POSSIBLE TASKS AND ACTIVITIES

- 1. Visiting/Accompanying** May be required in the early stages of engagement to assist/ encourage the older person to attend activities.
- 2. Engagement** To engage older person in conversation and to listen with interest, shaping activity sessions or social groups with their requests in mind.
- 3. Signposting** To refer and signpost older person to other organisations and agencies that may support their health and well-being.
- 4. Mentoring** To support the older person to get out of their house and access groups within the community.
- 5. Training** To participate in training as required.
- 6. Working practices** To become familiar with all Age UK Leicester Shire & Rutland policies and practices as described in the Volunteers Handbook

The tasks and activities listed are intended as a summary and may be varied from time to time in consultation with the volunteer concerned.

The role description is intended to clarify the tasks and activities of the volunteer and is for the benefit of all concerned. It does not form the basis of a contract of employment.

# Anything Goes Volunteer Person Specification

## SKILLS AND EXPERIENCE

### Essential

1. Good listening and communication skills
2. Interest in and empathy with older people
3. Non- judgemental
4. Encouraging, motivation skills
5. Can understand the needs for confidentiality
6. Honest & reliable
7. Flexible to meet clients' needs
8. Attend appropriate training courses
9. Keeping records of visits
10. With help, able to set up and run activity sessions or social gatherings for small groups
11. Attend regular support sessions with the Anything Goes Co-ordinator

### Desirable

1. Genuine regard for people of all ages and abilities
2. Team working skills
3. Good numeracy and literacy skills
4. Able to speak additional languages.
5. Previous experience in work with the elderly

**Working Pattern:** A commitment to regularly offer sessions at a pre-arranged location on a weekly/bi-weekly or monthly basis as agreed.

- A volunteer is someone who provides **unpaid** support to Age UK Leicester Shire & Rutland
- Full training will be provided where necessary
- Travelling expenses will be reimbursed as per Age UK Leicester Shire & Rutland policy