

# Let's get Digital



*Supporting individuals living with dementia and carers to increase their confidence and independence with getting online and developing their skills with using technology.*

Lansdowne House, 113 Princess Road East

Leicester, LE1 7LA

**11:00am— 12:30pm**

**Every 3rd Tuesday of the month**

### **Dates for 2022**

15th March

19th April

17th May

21st June

19th July

Join our drop in sessions to receive an introduction to technology, learn tablet basics and how to stay safe on the internet. Learn how to download apps and how to stay in touch with others online. We will also help you to access online games and puzzles, entertainment, information and local services.

**Places for your first visit must be booked by contacting us on:**

**0116 223 7363 or [dementia.support@ageukleics.org.uk](mailto:dementia.support@ageukleics.org.uk)**



# Let's get Digital



*Supporting individuals living with dementia and carers to increase their confidence and independence with getting online and developing their skills with using technology.*

Lansdowne House, 113 Princess Road East

Leicester, LE1 7LA

**11:00am— 12:30pm**

**Every 3rd Tuesday of the month**

### **Dates for 2022**

15th March

19th April

17th May

21st June

19th July

Join our drop in sessions to receive an introduction to technology, learn tablet basics and how to stay safe on the internet. Learn how to download apps and how to stay in touch with others online. We will also help you to access online games and puzzles, entertainment, information and local services.

**Places for your first visit must be booked by contacting us on:**

**0116 223 7363 or [dementia.support@ageukleics.org.uk](mailto:dementia.support@ageukleics.org.uk)**

