

How can we help you?

Information & Advice [Open Monday to Friday, 9:00am - 1:00pm] **0116 299 2278**

A free and confidential service to assist with issues affecting your quality of life including: finances & welfare benefits; housing & property; leisure activities.

Day Care Services **0116 222 0572**

Social support in a community setting including care, entertainment and companionship, with optional transport if required.

Home Care **0116 299 2266**

Assistance with domestic tasks to make living at home that little easier to manage. Services include: food preparation; cleaning & ironing; shopping; collecting prescriptions; personal care; companionship; support with appointments & outings.

Handyman & Gardening **0116 299 2266**

A 'no job too small' household maintenance service including: gardening; home security & safety; basic decorating; home maintenance.

Respite **0116 299 2266**

Fully trained Respite Workers offer carers a break from the stress and demands of caring for someone. We also offer dementia respite by workers experienced and trained in dementia care.

Befriending Services **0116 299 2233**

A free service offering regular visits or phone calls to people who are socially isolated or feel alone.



Joining Forces Project

INFORMATION & ADVICE



For more information please contact us:

Age UK Leicester Shire & Rutland
Thorncroft, 244 London Road, Leicester, LE2 1RH

Jill Bindley - 0773 963 0659
Owen Jones - 0773 882 0948

joiningforces@ageukleics.org.uk

Web: www.ageukleics.org.uk
Find us on social media

What is the Joining Forces?

Joining Forces is an Age UK Leicester Shire & Rutland Project providing support for veterans aged 50+, their families or people who care for veterans. We cover Leicester, Leicestershire and Rutland. If you are a veteran, know of, or are working with any person who is aged 50+ and served in the British Armed Forces for more than one day please do not hesitate to contact us.

How can we help?

We can offer a tailor made service which is all about the support you would like. We can support you with:

Information and Advice

We offer information and advice on a range of subjects including local activities, services and benefit checks.

Form Filling

From applying for your service medals to claiming benefits, we can help you to complete forms and follow up their progress.

Meeting other Veterans

We hold regular Veterans Cafes, events and outings to enable you to socialise with others.

Connecting to other Organisations

We work closely with SSAFA and other local military welfare and support groups. We can also put you in touch with other local services including social services or health professionals.

Carer Support

If you are a family member or friend who cares for a veteran then we can support you in your caring role.

There are over 4400 older veterans living in Leicester, Leicestershire & Rutland who have served in the Military including World War 2, Malaya, Suez and Northern Ireland or who completed National Service.

How can I access this service?

You can get more information about the Joining Forces Project and how it can help you or someone you know by contacting us:

Jill Bindley: 0773 963 0659

Owen Jones: 0773 882 0948

Email: joiningforces@ageukleics.org.uk

Please remember to get permission to share personal details from the person you would like to refer to the Joining Forces Project.



Joining Forces project is funded by the Armed Forces Covenant Fund Trust