

# Age UK Leicester Shire & Rutland Macmillan Cancer Support Project

INFORMATION & ADVICE



**For more information please contact us:**

Age UK Leicester Shire & Rutland Macmillan Cancer Support Project  
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**Age UK Leicester Shire & Rutland**



**@ageukleics**

# Have you or someone you know been affected by cancer?

**Not sure where you can find the information you need or get the right support to improve your wellbeing and maintain your independence?**

## We can help!

The Age UK Leicester Shire & Rutland Macmillan Cancer Support Project is available to anyone over the age of 50 who has been affected by cancer. We can offer you support if you've been affected by cancer in any way, whether you are the patient, carer or worried about a friend or family member. This project is provided in partnership between Age UK Leicester Shire & Rutland and Macmillan Cancer Support.

## How to access our service.

Once we have received your enquiry, one of our co-ordinators will arrange to visit you at home to find out more about the help you need. We will provide anything from a one off visit to more long term regular support.

We know that any question you have will be important to you and we will do our best to help.

### How we can help you:

- By providing advice and information
- By co-ordinating and liaising with other agencies on your behalf
- By helping to maximise income and claim welfare benefits
- By offering the opportunity to discuss concerns and emotional issues confidentially
- By optimising independence using a goal setting process
- By offering support and guidance for family members
- By offering the H.O.P.E Lifestyle Management Course

Support is available at whatever stage of the cancer journey you are at.

Free and confidential support will be provided by two project co-ordinators from Age UK Leicester Shire & Rutland's staff together with a team of trained volunteers.

## About Macmillan Cancer Support

Cancer is the toughest fight most of us will ever face, but no one should go through it alone. The Macmillan team is with you every step of the way, from the nurses and therapists helping you through treatment to the campaigners improving cancer care.

For further information visit [macmillan.org.uk](http://macmillan.org.uk)

Macmillan Cancer Support, registered charity in England and Wales (261017) Scotland (SC039907) and the Isle of Man (604)



# How can we help you?

## **Information & Advice** [Open Monday to Friday, 11:00am - 4:00pm] **0116 299 2278**

A free and confidential service to assist with issues affecting your quality of life including: finances & welfare benefits; housing & property; leisure activities.

## **Day Care Services** **0116 222 0572**

Social support in a community setting including care, entertainment and companionship, with optional transport if required.

## **Home Care** **0116 299 2266**

Assistance with domestic tasks to make living at home that little easier to manage. Services include: food preparation; cleaning & ironing; shopping; collecting prescriptions; personal care; companionship; support with appointments & outings.

## **Handyman & Gardening** **0116 299 2266**

A 'no job too small' household maintenance service including: gardening; home security & safety; basic decorating; home maintenance.

## **Respite** **0116 299 2266**

Fully trained Respite Workers offer carers a break from the stress and demands of caring for someone. We also offer dementia respite by workers experienced and trained in dementia care.

## **Befriending Services** **0116 299 2233**

A free service offering regular visits or phone calls to people who are socially isolated or feel alone.

**We are a local charity  
with a national name  
...giving local older  
people a voice**

Age UK Leicester Shire & Rutland Limited  
Registered Charity No: 1146649  
Limited Company No: 7844309

## **Products and Services** **0116 254 5451**

Products and services for the over 50s: home, car and travel insurance, personal alarms, weekly lottery and funeral plans.

Age UK Home, Car & Travel Insurance are administered by Ageas Retail Limited. Age UK Funeral Plans are provided by Dignity. Brought to you by Age UK Enterprises Limited. Age UK Personal Alarms are provided by PPP Taking Care Limited and brought to you by Age UK Trading CIC.

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