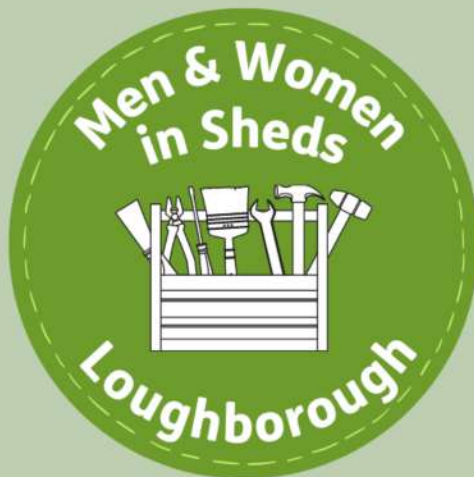




HANDMADE BY



Men &
Women
in Sheds
@ Rutland



ABOUT MEN & WOMEN IN SHEDS



Our Rutland and Loughborough Sheds are just larger versions of the typical garden shed, furnished with work benches and equipment for making, mending and restoring. Reclaimed wood and practical skills, either newly learnt or from younger years, are put to good use to make items for nature, the home or just for fun!

Whichever activities are pursued, the essence of a Shed is not the building but the network of relationships between the members, the opportunity to connect and to share life's ups and downs with others.

It is here that friendships are made and problems are shared. Whether learning a new skill or re-engaging with an old hobby, the Sheds offer a unique opportunity to create new objects and make new friends.

WHY SUPPORT MEN & WOMEN IN SHEDS?



"It's my escape
if I'm feeling
down"

Sarah, Shed Member



"Here, people
can talk about
everything... we
help each
other"

Paul, Shed Member

Major changes later in life such as the shock of a life altering diagnosis, the devastating loss of a spouse or unplanned retirement can lead to feelings of loneliness, feeling disconnected and unfulfilled. Men and Women in Sheds offers a safe place for individual pursuits and community projects, a sense of purpose, achievement, and social interaction.

Supporting sustainability

Where possible, the Sheds use reclaimed timber for their creations, giving a new life to pre-used wood and helping to preserve the natural world.

100% of profits go towards the Sheds

Buying a beautifully hand-crafted product made by a local Shed provides essential funds to keep the Sheds open, benefitting older people in your community.

Interested in becoming a member?

See page 14 for more details

HOW TO ORDER

To order any items please take note of the symbol indicating which of our two Sheds makes the item. Orders can be placed via phone or email. Payment is taken at the time of ordering and deposits are required for larger items.

Symbols

R Rutland Shed

Tel: 01572 720319

Email: rutlandshed@ageukleics.org.uk

L Loughborough Shed

Tel: 01509 211603

Email: charnwoodshed@ageukleics.org.uk

The Sheds make a variety of handmade, uniquely designed items some of which can be purchased from our charity shops.

Collection, postage & delivery

Please agree which option you prefer when ordering.

Collection: Items can be collected directly from the shed during their opening hours and some items may be available to collect from either the Age UK LS&R charity shop in Uppingham or the Loughborough Book Shop.

Postage: Smaller items can be posted for a charge.

Delivery: Larger items can be delivered for a charge.

Hand made for that unique touch

All products are lovingly made by local Shed members using reclaimed wood where available. As items are hand-crafted using natural materials, it means that products may vary slightly from the pictures included.

HAND-CRAFTED FOR YOUR GARDEN



Apex Penthouse Bird Box

Provide a cosy home for nesting wild birds.
Made from recycled wood with an industrial quality vinyl surround.
Size approx: 20cm x 30cm

£15



Jenny Wren Bird Box

Wild birds can find a place to nest in this lovely bird box with Wren motif.

Size approx: 15cm x 30cm

£15



Shaker Bird Box

Featuring a slate style roof, this rustic-look bird box provides a welcoming home for wild birds.
Size approx: 30cm tall

£15



Shaker Luxury Bug Hotel

Decorative bug hotel for discerning bugs. Adorned with stars and foliage, creating a unique design.

Size approx: 30cm tall

£15



Standard Hanging Bug Hotel

Encourage mini-beasts into your garden with a hanging bug hotel.

Size approx: 20cm tall

£8 each

Hand made
locally using
recycled
materials*

*As products are handmade and using natural wood, some variances may occur.



Wall-mounted Rustic Bird Table

A welcome addition for visiting feathered friends. Fixed via two hooks or freestanding.

Size approx: 25cm x 30cm

£8



Bottle Bird Feeder

Using a recycled wine bottle, seeds drop down onto the table as required. Empty bottle included.

(Seeds not included.)

Size approx: 35cm tall

£10

Find the perfect gift and support a local good cause



Key Rings

Hand-turned by our woodturners, these key rings come in varying shapes and sizes.

From £5



Garden Time Key Tag

Perfect for shed keys or for decoration.

Size approx: 4cm

£4



Toadstool Trio

These fake fungi make a lovely feature in flower beds, pots or patios. Wood type and sizes vary.

£18

HELPING NATURE



Hedgehog Hotel

Looking to encourage hedgehogs into your garden? Made from reclaimed timber with a felted roof these hotels have separate chambers inside to prevent cat access.

Size approx: 50cm x 40 cm

£35



Naturelle Bird Box

Wild birds can nest in this cosy bird box made from reclaimed timber. These boxes are ready to hang on a wall or tree and come with a detachable lid for easy cleaning.

Size approx: 37cm x 20cm

£20



Naturelle Bat Box

Bats needing somewhere to roost can move straight into this rustic-look bat house. The bottom board is scored to allow easy access for bats. It comes ready to hang and made from reclaimed timber.

Size approx: 50cm x 20cm

£20

FOR YOUR HOME



Classic White Maple Board

A classic, simple chopping or serving board made from white maple.

Food and cheese knife not included.

£15



Lime Leaf Board

Featuring a beautiful lime leaf shape, this board is made from white maple and sure to provide the perfect accompaniment for any cheese or charcuterie.

Food not included.

£15



Dyed White Maple Board

A classic, simple chopping or serving board made from dyed white maple.

Food not included.

£15



Classic Fruit Bowl

Beautifully hand-turned fruit bowl.
Made from varying wood types. Sizes vary.

From £10



Egg Cup Duo

Set of two hand-crafted egg cups.
Made from varying wood types.

£10 a pair

**100% of
proceeds go to
support your
local Sheds**



Heart Coasters

Share the love with these recycled timber coasters featuring a heart shaped design.

£10



Unique Pottery

Pottery handmade on-site at the Loughborough shed. By its nature every artisan pot will be different.

Prices vary



Name block

For that special person in your life. Any name can be custom made with or without a heart. Comes in natural wood (painted image for reference only).

£1 a letter



Log Candle Holder

Made from natural log, hand varnished & completed with brass inserts for safety.

Candles not included.

Size approx. 20-30cm

£15



Regal Dog Bowl

Give your dog the royal treatment with this beautiful dog bowl. It comes complete with detachable bowl for ease of cleaning.

(Dog not included!)

Size approx: 30cm x 30cm

£15



Personalised Garden Tool Box

A sturdy practical garden tool box for the keen gardener in your life. Can be personalised with a name of your choice.

Size approx: 46cm x 20cm

£15

FESTIVE FAVOURITES



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Christmas Trees

All made from recycled wood to the size of your choice. These reusable trees have no needle drop! Can be easily stored for reuse inside or out and decorated to suit you.

No decorations included.

Prices start from £10

Candle Decoration

Beautifully handcrafted candle holder. Motif may vary. Candles not included

Size approx 30cm x 20cm

£30



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Wooden Christmas Decorations

A variety of unique handmade wooden decorations with complimentary ribbon to hang wherever you want some Christmas cheer. Individual designs vary.

Prices start from £4

Style your
home with our
unique
Christmas
decorations

MADE TO ORDER

Folding Bench/Picnic Table

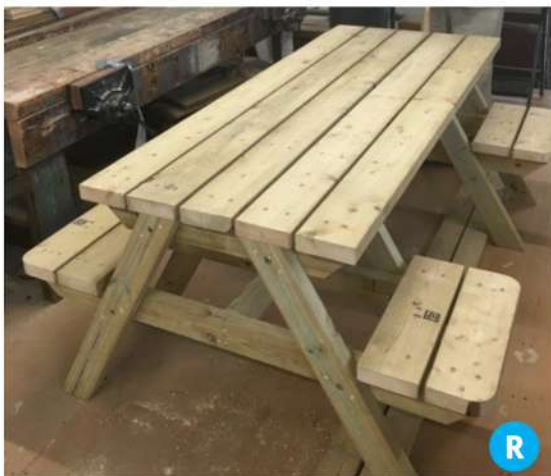
This bench converts effortlessly into a 4 seater picnic table. Perfect for gardens with limited space. The item comes in natural wood but can be stained, as per the example, by the customer.



£300

Accessible Picnic Table

This wheelchair friendly picnic table comfortably seats between 4-6 people. Featured is an example with 4 individual seats. Ideal for gardens or community outdoor spaces. Tables can also be adapted with or without wheelchair access.



£300

Garden Chairs

Space for one to sit and enjoy the garden. Made from treated timber but can also be painted by the customer.



£250



Mud Kitchens

Just imagine the hours of fun the children will have with this mud kitchen and no need to clear up! Bowls, knobs and hooks included.

Made to order using quality reclaimed timber.

(Chalkboard & utensils not included)

£80 - £150



Large Garden Trug

Ideal for growing vegetables off the ground to save bending.

Made from reclaimed timber.

Size approx. 180x60cm

£250



3 Seater Garden/Memorial Bench

Sit and enjoy your garden on this beautiful garden bench, which is a lovely addition to any outdoor space.

Made from pre-treated timber.

Size approx 155cm length x 50cm width

£300

BECOME A MEMBER



Whether you have a background in wood and metal work or you have never picked up a tool in your life, everyone is welcome at the Shed. Here, people share tools, skills and life with each other, making new friends whilst indulging their creative side. You can put your hand to a project of your choosing, big or small. Use a drill for the first time, try your hand on the pottery wheel or help to make a wheelchair friendly picnic bench. Whatever your skill level, it's not just about the woodwork, it's an opportunity to make new friends, get out of the house and enjoy good company.

"I get to use kit I don't have at home, be creative and it's nice meeting up with other people. We all help each other, it's great!" Paul, Shed Member

"My first time at the Shed, I was made so welcome. Now I look forward to going every week." Sarah, Shed Member

Rutland Shed

Tel: 01572 720319

Email: rutlandshed@ageukleics.org.uk

Loughborough Shed

Tel: 01509 211603

Email: charnwoodshed@ageukleics.org.uk

**An annual membership fee applies.
Please contact us to find out more and arrange a visit.**



Information & Advice (Open Mon to Fri 9am - 1pm)

0116 299 2278

Free, independent and confidential information and advice for people aged over 50, including benefit entitlement checks, care, housing and more.

Day Clubs

0116 222 0558

Day time care, activities & friendship in local community venues with optional transport if required.

Home Care

0116 299 2266

Assistance with domestic tasks to make living at home that little bit easier to manage. Services include: food preparation, cleaning & ironing, shopping, collecting prescriptions, personal care and companionship.

Digital Champions

0116 204 5117

Want help getting online or using the internet? Whether you are a beginner or want to brush up your skills, our Digital Champions can teach you what you need to know.

Warm and Wise

0116 261 4604

Offering a free home energy assessment of your home, we can advise on how to stay warm for less money and fit free energy saving products (subject to eligibility) to help you save money on your energy bills.

Dementia Support Service

0116 223 7363

For support in Leicester and Leicestershire
For support in Rutland

0773 882 0910

Carers Support Service

0116 222 0538

Free and confidential support to all carers 18+, when either they or the person they care for live in Leicester city.

For more information on the services we offer visit www.ageukleics.org.uk



MEN & WOMEN IN SHEDS

Loughborough

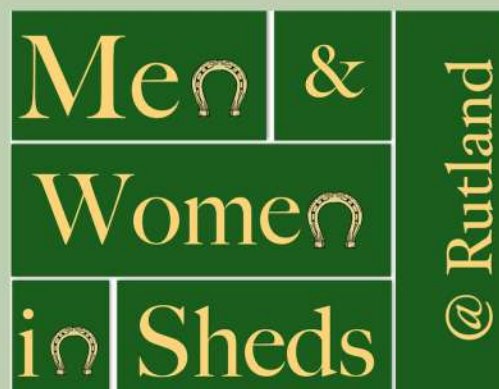
Unit 9,
Oaks Industrial Estate,
Festival Dr, Loughborough
LE11 5XN



01509 211 603



charnwoodshed@ageukleics.org.uk



MEN & WOMEN IN SHEDS

Rutland

Unit 2A,
Oakham Enterprise Park,
Ashwell Rd, Oakham
LE15 7TU



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rutlandshed@ageukleics.org.uk



www.ageukleics.org.uk

Age UK Leicester Shire & Rutland is a charitable company limited by guarantee and registered in England and Wales (registered charity number 1146649 and registered company number 7844309).