

You have been referred into SAIL:

Name:

(We recommend you keep this as it contains some useful information)



What is SAIL (Safe and Independent Living)?

SAIL is the name of **Age UK Lewisham & Southwark's** referral service which links you to available support from local services.

What does it involve?

SAIL checklists can be given to people who are over 50 and live in Southwark. The checklist asks questions about things you might need support with or advice about, such as **fire safety and home security, health and wellbeing, living conditions and income and finance**. You just write your details at the top of the checklist and tick "yes" or "no" to the questions.

We have partnered up with local organisations and services (their names are written in **pink** next to each question). If you tick 'yes' to their question, they will contact you to discuss how they can help.

What happens next?

If you have this leaflet it probably means you have completed one of these **SAIL checklists**.

The completed checklist will have been sent to our **Age UK Lewisham & Southwark** office where we have a **SAIL Coordinator** who looks after the referrals.

Tel 020 7358 4077 | Fax 020 7378 9217 | Email sail@ageuklands.org.uk or sail@nhs.net
Stones End Centre | 11 Scovell Road | London | SE1 1QQ

The **SAIL Coordinator** will call you to go through the questions you ticked 'yes' to, making sure we have the correct details and to answer any questions you may have (this might take a few days but we will get in touch!)

The **SAIL Coordinator** will then send your checklist to the **local organisations and services** you have requested support from. These services will get in touch with you within 6 weeks.

Worth remembering...

SAIL should **not** be used for urgent issues as it is not an emergency service.

Sometimes one **SAIL checklist** can lead to quite a lot of people getting in touch with you. It might be a helpful reminder for you (or the professional completing the checklist) to write below who you are expecting to hear from and why:

Who is going to contact you?

About what?

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We are here to help so if you have any questions, you can get in touch with our **SAIL Coordinator** on: **020 7358 4077** or sail@ageuklands.org.uk