

Name: ...	DoB: ...	Gender: ...
Address: ...		Postcode: ...
Rented (Council) <input type="checkbox"/> Rented (Private) <input type="checkbox"/> Housing Association <input type="checkbox"/> Owned <input type="checkbox"/>		*Ethnicity: Choose ethnicity.
Telephone: ...	GP Surgery: Choose a Practice.	

With their consent, we can contact a relative or friend on behalf of the above. Please enter their details below.

Name: ...	Tel/Email: ...	Relationship: ...
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What do you need support with?

<h3 style="color: magenta;">Health and Wellbeing</h3> <p>Falls and Strength & Balance <input type="checkbox"/></p> <p>Living with a Dementia Diagnosis <input type="checkbox"/></p> <p>Visual Impairment <input type="checkbox"/></p> <p>Unintentional Weight Loss or Poor Diet <input type="checkbox"/></p> <p>Food Delivery <input type="checkbox"/></p> <p>Stopping Smoking <input type="checkbox"/></p> <p>Alcohol/Substance Misuse <input type="checkbox"/></p> <h3 style="color: magenta;">Housing</h3> <p>Adaptations to keep you safer...</p> <p>...in your bathroom <input type="checkbox"/></p> <p>...in your kitchen <input type="checkbox"/></p> <p>...on your stairs <input type="checkbox"/></p> <p>Repairs/Maintenance Advice <input type="checkbox"/></p> <p>Small Odd Jobs <input type="checkbox"/></p> <p>Fire Brigade Safety Check & Free Smoke Alarm <input type="checkbox"/></p> <p>Keeping Warm & Well <input type="checkbox"/></p>	<h3 style="color: magenta;">Community Connections</h3> <p>Lunch Clubs <input type="checkbox"/></p> <p>Exercise Classes <input type="checkbox"/></p> <p>Feeling Lonely/Looking for Groups <input type="checkbox"/></p> <p>Help with IT/Internet <input type="checkbox"/></p> <p>Access to Transport <input type="checkbox"/></p> <p>Befriending <input type="checkbox"/></p> <p>Adult Learning <input type="checkbox"/></p> <h3 style="color: magenta;">Care and Other Support</h3> <p>Pendant Alarm <input type="checkbox"/></p> <p>Monitored Sensors and Safety Equipment <input type="checkbox"/></p> <p>Benefits Review/Applying for Benefits <input type="checkbox"/></p> <p>Trouble Paying Bills <input type="checkbox"/></p> <p>Caring For Someone <input type="checkbox"/></p> <p>Victim of Scams <input type="checkbox"/></p> <p>Home Security or Police Advice <input type="checkbox"/></p>
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Additional information (e.g. important notes about current situation, significant health conditions, known risks etc.):

...

Referrer Name: ...	Referrer Organisation: ...
Date of Referral: ...	Referrer Tel/Email: ...

IMPORTANT: Please tick this box to confirm the below statement has been read to and agreed by the client

In signing this form, you consent to the information on it being stored and shared within the SAIL Partnership. SAIL is a service provided by Age UK Lewisham and Southwark (AUKLS). AUKLS may contact you to discuss potential support and agree with you on referrals to other services, if appropriate.

Signed (Client/Referrer): ...

*This information is optional
 In accordance with DPA 1998 and GDPR you have rights regarding your data, including requesting we remove your data from our systems at any point. For more information contact Age UK L&S at information@ageuklands.org.uk or through any of the details at the top of this page.

What is SAIL Connections?

SAIL stands for **Safe and Independent Living** – and that’s exactly what it’s for. If you or someone you know lives in **Lewisham**, is over the age of **60** and needs some help staying safe and independent, we can assist you in finding **local** services that can lend a hand.

SAIL is a **social prescribing** project, which just means it’s designed to use the local **community** to help people, and to help ease the pressure on **Health** and **Social Care**.

Please do note though that SAIL is **not** an emergency service so should not be used for any urgent issues. It can take up to ten working days for a Coordinator to get in touch from the referral date and then an average of four to six weeks for partner agencies to make contact with the service user.

How do I refer?

SAIL uses its own **checklist** to narrow down what support a person might need. It’s split into help around **Health and Wellbeing**, keeping socially active through **Community Connections**, **Housing** and **Care and Other Support**.

You simply put in your own or another’s personal details, tick off what support is needed – as many or as few areas as necessary – and then send the form off.

Sending referrals:

You can send completed checklists to;

Email: sail.connections@nhs.net **OR** sailconnections@ageuklands.org.uk

Fax: 0207 378 9217

Post: Stones End Centre, 11 Scovell Road, London, SE1 1QQ

Alternatively, checklists can be completed over the **phone** with a Coordinator by calling 0207 358 4077.

After you’ve referred:

Once we’ve received the **checklist**, **Age UK Lewisham and Southwark** might get in touch with the person that needs support – or a friend or family member – for a quick chat. We’ll talk through some extra details and make sure they’re getting the **right assistance**.

Each area of support is provided by a different, local **Partner**. After the chat with Age UK the **Partner** will get in contact and take it from there.

Our SAIL Connections Partners:

