southwark s.a.i.l.

Supporting southwark residents over 50

Name:	DoB:	Gender:
Address:		Postcode:
Rented (Council) Rented (Private) Housing Association Owned		*Ethnicity: Choose Ethnicity
Telephone:	GP Surgery:	
	NHS Number:	

Health	Housing	Social
alls Prevention	Being able to use your	Groups & Activities
Stress, Anxiety or .ow Mood	home safely in your bathroom	Exercise Classes
Giving Health &	 in your kitchen	Volunteering
Social care Seedback	on your stairs	Befriending
Jnintentional	Finding suitable	Learning
Neight Loss	 accommodation	Technology Skills
Stopping Smoking	Small Odd Jobs	Accessing Transport
Alcohol or Substance Misuse	Boiler/ heating issues	Safety
Money	Care&Support	Pendant Alarm
Benefit Queries	Caring For Someone	Monitored Sensors or
Frouble Paying Bills	Support with a Dementia Diagnosis	Reminders Home Security or
Victim of Scams	Visual Impairment	Police Advice
Filling in forms	Food Delivery	Fire Safety Check
		Smoke Alarms

Additional information (e.g. Next of Kin, significant health condition, known risks etc.): ... Referrer Name: ... Date of Referral: ... IMPORTANT: please tick this box to confirm the below statement has been read to and agreed by the client In signing this form, you consent to the information on it being stored and shared within the SAIL Partnership. SAIL is a service provided by Age UK Lewisham and Southwark (AUKLS). AUKLS will contact you to discuss potential support and agree with you on referrals to other services, if appropriate. Signed (Client/Referrer):

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In accordance with DPA 1998 and GDPR you have rights regarding your data, including requesting we remove your data from our systems at any point. For more information contact Age UK L&S at information@ageuklands.org.uk or through any of the details at the top of this page. *This information is optional

What do you need support with?





What is S.A.I.L.?

S.A.I.L. is the name of **Age UK Lewisham and Southwark's** quick-referral service. The project helps older people (50+) living in Southwark, and those supporting them, to access a wide range of services to support **Safe and Independent Living.** The project consists of a simple checklist of subjects linked to services available in the borough.

S.A.I.L. is not an emergency service so should not be used for any urgent issues. It can take up to ten working days for a Coordinator to get in touch with the person referred, and then an average of four to six weeks for partner agencies to make contact.

Referral criteria:

S.A.I.L. is available to **Southwark residents** over the age of **50** (65+ for the Information and Advice service). Anyone can make a referral and people can self-refer.

How do I refer?

Simply tick the appropriate options on the **S.A.I.L. checklist** and return it to **Age UK Lewisham and Southwark**, who coordinate the response from **S.A.I.L. partners**. Checklists can be sent back to us in a variety of ways with the details at the bottom of this page.

Checklists are available on <u>www.ageuk.org.uk/lewishamandsouthwark</u> or you can fill in a referral online on <u>www.lewishamandsouthwarksail.org</u>

Sending referrals:

You can send completed checklists to:

Email: sail@nhs.net OR sail@ageuklands.org.uk
Fax: 020 7378 9217
Post: Stones End Centre, 11 Scovell Road, London, SE1 1QQ
Phone: Checklists can be completed over the phone with a Coordinator by calling 0207 358 4077.
Web form: www.lewishamandsouthwarksail.org

Our partner services available through S.A.I.L.:

Metropolitan Police • Southwark Council • NHS Southwark • London Fire Brigade • Strength and Balance Line • BlindAid • Talking Therapies • Alzheimer's Society • Southwark Carers • Healthwatch Southwark • Citizens Advice Southwark • Lifeline Southwark • Stop Smoking Service • Age UK L&S Information and Advice • Handyperson Service • Care Navigation