

For more information please visit;
www.ageuk.org.uk/lewishamandsouthwark



Information, Advice and Access for Southwark



Improving life for older people

About the service

Age UK Lewisham & Southwark provides a comprehensive information and advice service for older people across Southwark.

The service provides:

- Information and advice drop-ins
- telephone advice
- home visits for housebound older people

We are a quality-marked reliable service that is accessed by hundreds of older people every year.

What do you do?

We deliver advice on:

- claiming benefits
- accessing debt support services
- obtaining health support
- finding accessible holidays
- solving housing problems
- managing money
- accessing support and activities
- gaining support to remain in your home
- dealing with utility bills.

Is the service free?

Our service is free and confidential.

We also provide a number of specific projects:

Ambitions for Later Life

We can support older people to achieve an ambition or goal. This could include staying in your home or going on holiday

Keeping Warm & Well in Winter

This service provides information and advice around how to stay well during the winter and includes ways to save money on your energy bills

Scam Awareness

We deliver both group and individual sessions providing information and advice on how to spot and avoid scams

How can I access the service?

You can access the service by phone or just drop-in

Where do I have to go?

Southwark residents can visit Age UK Lewisham & Southwark at one of these offices.

95 Southwark Park Road

London SE16 3TY

t 020 7358 4072

Drop-in:

Friday 10am-2:30pm

Stones End Centre

11 Scovell Road

London SE1 1QQ

t 020 7358 4074

Drop-in:

Tuesday 10am-1pm

