

Food and Drink

Breakfast served from 9:30am - 11:00am

Toast **30p** per slice

Porridge £1.00

Full English Breakfast £4.00

Lunch served at 12:30pm

Starter salad accompanied with main meal and hot drink

Salad, soup or dessert £1.50

Main meal (including salads) £4.00

3 courses £5.00

3 courses with soup £5.50

Sandwich £3.50

Beverages

Tea (small / large) 30p / 50p

Coffee (small / large / milky) 35p / 50p / 80p

Hot chocolate **80p**

Please check with a member of staff to see the menu

e: healthy.living@ageuklands.org.uk

t: 020 7237 0860